



NUTRITION, ALLERGEN & PREPARATION GUIDE

(for use in US only)

We know that many of our valued Guests have varying degrees of food intolerances and allergies they deal with on a daily basis. To ensure you have a safe experience, please review the information below to assist you with selecting menu options that best fit your individual needs. We know that many of our valued Guests have varying degrees of food intolerances and allergies they deal with on a daily basis. To ensure you have a safe experience, please review the information below to assist you with selecting menu options that best fit your individual needs.

PREPARATION STATEMENT

While we may have individual products or ingredients that do not contain a specific allergen, we do not have the ability to segregate those products during normal kitchen processes. As a result, such products could come into contact with an ingredient that might otherwise cause an allergic reaction.

- **During preparation, we do not use separate fryers for cooking. Because of this, there is the potential for allergen crossover with any of our fried items.**
- **Our Traditional Wings and Boneless Wings are fried and sauced in the same containers.**
- **Beef shortening is used to fry products.**
- **We grill many items that contain allergens, and cross contact with other allergens may occur during the cooking process.**

PRINTED INFORMATION IS VALID- 08/07/2017 -11/12/2017

The following information is designed to assist guests with food allergies.

PLEASE NOTE: Because of our reliance on suppliers for accurate information, the shared cooking and preparation areas in our kitchens, and the above-mentioned kitchen procedures involved in cooking, we cannot eliminate the risk of cross-contamination or guarantee that any item is free of any allergen. The information below details which of the most common allergens are present in each menu item. If you have questions about this information, please ask to speak to a Restaurant Manager. If you have any questions about food allergies or sensitivities, we recommend that you contact your medical professional.

BUFFALO WILD WINGS ALLERGEN & PREPARATION GUIDE - U.S. RESTAURANTS ONLY

Effective: August 7, 2017 - November 12, 2017

This information is to be used as a guide to assist our guests with better informed food choices. Buffalo Wild Wings® has received this allergen information from our approved manufacturers and does not guarantee its accuracy other than as compiled. This information is applicable to U.S. restaurants only.

Key:

• Menu item contains this allergen

x Menu item presents a risk of cross-contamination of all allergens due to cooking method

	GRILLED	FRIED	MILK	EGG	FISH	SHELLFISH	WHEAT/ GLUTEN	SOY*	PEANUT	TREE NUT
Beef shortening is used to fry products. See preparation columns. Fried column indicates product that is fried in beef shortening.	PREPARATION		COMMON ALLERGENS							
WINGS	<i>Traditional Wings are a deep fried product. Boneless Wings are all white meat chicken breaded and fried. The same container is utilized to tossed in sauce/seasoning of choice. In the preparation process of fried items, individual products are not placed into separate fryers so there is the potential of crossover of fried items and oil in the fryers. For sauce/seasoning selections - Please see list below.</i>									
Traditional Chicken Wings		X								
Boneless Chicken Wings		X					•			
Traditional and Boneless Wing Combo		X		•			•			
TENDERS AND MAC	<i>In the preparation process of fried items, individual products are not placed into separate fryers so there is the potential of crossover of fried items and oil in the fryers. For sauce/seasoning selections - Please See List Below.</i>									
Naked Tenders without Grill Seasoning	X									
Naked Tenders with Grill Seasoning applied	X									
Crispy Chicken Tenders		X					•			
Buffalo Mac and Cheese	X	X	•	•			•	•		
SHARABLES	<i>In the preparation process of fried items, individual products are not placed into separate fryers so there is the potential of crossover of fried items and oil in the fryers. For sauce/seasoning selections - Please See List Below.</i>									
Ultimate Nachos		X	•					•		
Ultimate Nachos w/ Chicken	X	X	•					•		
Roasted Garlic Mushrooms w/Southwestern Ranch		X	•	•			•			
Mozzarella Sticks w/marinara		X	•	•			•			
Fried Pickles w/Southwestern Ranch		X	•	•			•			
Soft Pretzels w/Queso & Spicy Mustard			•				•	•		
Garden Crasher		X	•	•			•	•		
Street Tacos	X		•	•			•			
House Sampler w/Blue Cheese		X	•	•			•	•		
House Sampler w/Ranch		X	•	•			•	•		
Spinach Artichoke Chicken Flatbread	X		•				•	•		
Mini Corn Dogs w/Bourbon Honey Mustard		X	•	•			•	•		
Cheese Curds		X	•	•			•			
Chicken Quesadilla	X		•				•	•		
Tablegating Sampler w/Ranch		X	•	•			•	•		
Tablegating Sampler w/Blue Cheese		X	•	•			•	•		
Chili Queso Dip with Corn Tortilla Chips		X	•					•		
Corn Tortilla Chips with Salsa		X								
Popcorn Shrimp <i>only</i>		X				•	•			
Southwest Loaded Chips- Happy Hour		X	•	•						
Spinach Artichoke Dip		X	•				•	•		

BUFFALO WILD WINGS ALLERGEN & PREPARATION GUIDE - U.S. RESTAURANTS ONLY

Effective: August 7, 2017 - November 12, 2017

This information is to be used as a guide to assist our guests with better informed food choices. Buffalo Wild Wings® has received this allergen information from our approved manufacturers and does not guarantee its accuracy other than as compiled. This information is applicable to U.S. restaurants only.

Key:

• Menu item contains this allergen

x Menu item presents a risk of cross-contamination of all allergens due to cooking method

	GRILLED	FRIED	MILK	EGG	FISH	SHELLFISH	WHEAT/ GLUTEN	SOY*	PEANUT	TREE NUT
Beef shortening is used to fry products. See preparation columns. Fried column indicates product that is fried in beef shortening.	PREPARATION		COMMON ALLERGENS							
SAUCES & SEASONINGS										
Sweet BBQ Wing Sauce										
Teriyaki Wing Sauce							•	•		
Mild Wing Sauce				•						
Parmesan Garlic Wing Sauce			•	•						
Medium Wing Sauce				•						
Honey BBQ Wing Sauce										
Spicy Garlic Wing Sauce				•						
Asian Zing Wing Sauce							•	•		
Caribbean Jerk Wing Sauce										
Hot Wing Sauce										
Hot BBQ Wing Sauce										
Mango Habanero Wing Sauce										
Wild Wing Sauce										
Blazin' Sauce										
Desert Heat Seasoning										
Buffalo Seasoning			•							
Salt & Vinegar Seasoning										
Chipotle BBQ Seasoning										
Lemon Pepper Seasoning										
Thai Curry Sauce - <i>CONTAINS COCONUT MILK</i>			•	•			•	•		Coconut
Bourbon Honey Mustard Sauce										
Cool Heat Sauce				•						

BUFFALO WILD WINGS ALLERGEN & PREPARATION GUIDE - U.S. RESTAURANTS ONLY

Effective: August 7, 2017 - November 12, 2017

This information is to be used as a guide to assist our guests with better informed food choices. Buffalo Wild Wings® has received this allergen information from our approved manufacturers and does not guarantee its accuracy other than as compiled. This information is applicable to U.S. restaurants only.

Key:

• Menu item contains this allergen

x Menu item presents a risk of cross-contamination of all allergens due to cooking method

	GRILLED	FRIED	MILK	EGG	FISH	SHELLFISH	WHEAT/ GLUTEN	SOY*	PEANUT	TREE NUT
Beef shortening is used to fry products. See preparation columns. Fried column indicates product that is fried in beef shortening.	PREPARATION		COMMON ALLERGENS							
SAUCES & SEASONINGS - LTO										
Mandarin Kick							•	•		
Scorpius Rum										
Blue Moon BBQ							•			
BBQ Mango Mashup										
DRESSINGS & SAUCES										
Blue Cheese Dressing			•	•						
Ranch Dressing			•	•						
Southwestern Ranch Dressing			•	•						
BBQ Ranch Dressing			•	•						
Fat Free Ranch Dressing			•							
Buffalo Blue Cheese Dressing			•	•						
Cilantro Lime Ranch Dressing			•	•						
Lemon Vinaigrette										
Light French Dressing										
Queso Sauce			•							
Chili								•		
Salsa										
Light Caesar Dressing			•	•	ANCHOVY					
Tzatziki Dressing			•	•						
Mayo				•						
Garlic Mustard Sauce			•	•						

BUFFALO WILD WINGS ALLERGEN & PREPARATION GUIDE - U.S. RESTAURANTS ONLY

Effective: August 7, 2017 - November 12, 2017

This information is to be used as a guide to assist our guests with better informed food choices. Buffalo Wild Wings® has received this allergen information from our approved manufacturers and does not guarantee its accuracy other than as compiled. This information is applicable to U.S. restaurants only.

Key:

• Menu item contains this allergen

x Menu item presents a risk of cross-contamination of all allergens due to cooking method

	GRILLED	FRIED	MILK	EGG	FISH	SHELLFISH	WHEAT/ GLUTEN	SOY*	PEANUT	TREE NUT
Beef shortening is used to fry products. See preparation columns. Fried column indicates product that is fried in beef shortening.	PREPARATION		COMMON ALLERGENS							
FAST BREAK LUNCH										
Lunch Pick 2: Loaded Chili			•					•		
LTO ITEMS										
Thirty-Fifth Weck Sandwich with Fries	X	X		•			•	•		
Fiesta Pork Tacos	X		•				•			
Cali Chicken Sandwich with Grilled Chicken with Fries	X	X	•	•			•	•		
Cali Chicken Sandwich with Crispy Chicken with Fries	X	X	•	•			•	•		
Mac 'n Cheese Bites		X	•	•			•			
BBQ Ranch Dressing 2 FO			•	•						
Au Jus 6 FO							•			
Au Jus Mayo 0.5 FO				•			•			
LTO ITEMS - Beverage										
Cerveza Mary										
B-Dubs® Hot Bloody Mary with Pretzel							•	•		
PARTY MENU										
Baked Mac & Cheese			•	•			•	•		
Chicken Quesadilla	X		•				•	•		
Party Sampler		X	•	•			•			
Southwest Platter	X		•	•			•	•		
B-Dubs Blenders										
Berry Blender			•							
Chocolate Blender			•	•			•	•		
Orange Blender			•							
NOTES:										
<p>Preparations Procedures and Cross Contamination Warning: In the preparation process of all our fried items we do not segregate individual product into separate fryers when they are cooked so there is the potential of the crossover of fried items and oil in the fryers. Our Traditional wings and Boneless wings are fried and are also sauced in the same containers.</p> <p>* The soybean oil use in some of the Buffalo Wild Wing sauces, dressings and products is a highly refined oil unless otherwise specified. Highly refined soybean oil does not demonstrate a significant hazard to allergic individuals and therefore it is not listed as an allergen. This is confirmed by the FDA and USDA in their allergen specifications. Please note that although soybean oil is listed as an ingredient in these products, highly refined oil is not considered an allergen. The allergen chart only lists those products in which Soy is stated on the manufactures allergen statement.</p>										

BWW ITEM NAME	Quantity	Measure	Cals (kcal)	FatCals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)
SHAREABLES													
BUFFALO CHIPS, BASKET ORDER	1	Serving	580	240	27	12	1.5	20	1180	76	10	1	8
BUFFALO CHIPS, REGULAR ORDER	1	Serving	290	120	14	6	0.5	10	590	38	5	0	4
CHEESE CURDS, BASKET ORDER	1	Serving	1680	1250	139	59	4	180	4190	45	9	4	62
CHEESE CURDS, REGULAR ORDER	1	Serving	920	710	79	31	2	95	2290	23	5	3	31
CHILI CON QUESO DIP	1	Serving	1230	560	62	27	2	90	3170	134	13	9	31
CHIPS AND SALSA	1	Serving	860	330	37	15	1.5	25	1850	118	13	8	13
FRIED PICKLES with SOUTHWEST RANCH	1	Serving	900	620	69	21	2.5	45	3350	63	3	2	7
GARDEN CRASHER	1	Serving	1310	910	101	25	2	65	2410	86	10	10	19
GARLIC BREADED MUSHROOMS with SOUTHWEST RANCH	1	Serving	690	460	52	13	1.5	25	1710	52	4	3	5
HOUSE SAMPLER, PLAIN WINGS, BLUE CHEESE	1	Serving	2670	1530	170	58	6	170	5940	219	20	24	66
HOUSE SAMPLER, THAI CURRY WINGS, RANCH	1	Serving	2900	1750	194	61	6	160	6750	222	18	28	67
MINI CORN DOGS with BOURBON HONEY MUSTARD	1	Serving	770	380	42	15	1.5	90	2790	81	4	40	18
MOZZARELLA STICKS, 6 COUNT ORDER with MARINARA	1	Serving	650	290	32	17	1.5	10	2050	58	6	7	32
CHICKEN QUESADILLA	1	Serving	1030	550	61	28	1.5	210	3380	70	6	9	56
CHICKEN STREET TACOS	1	Serving	570	330	36	7	0	125	2050	30	2	5	31
ONION RINGS, BASKET ORDER, with SOUTHWEST RANCH	1	Serving	1740	1100	122	37	4.5	75	2830	149	12	24	12
ONION RINGS, REGULAR ORDER, with SOUTHWEST RANCH	1	Serving	960	630	70	20	2.5	40	1620	76	6	12	6
POTATO WEDGES, BASKET ORDER	1	Serving	750	340	38	17	2	30	2060	90	12	1	12
POTATO WEDGES, REGULAR ORDER	1	Serving	370	170	19	8	1	15	1030	45	6	1	6
FRENCH FRIES, BASKET ORDER	1	Serving	660	280	31	13	1.5	20	1870	88	8	0	8
FRENCH FRIES, REGULAR ORDER	1	Serving	330	140	15	7	1	10	940	44	4	0	4
SOFT PRETZELS WITH QUESO & SPICY MUSTARD	1	Serving	1060	250	28	11	0	20	2450	162	9	21	36
SOFT PRETZELS WITH QUESO & SOUTHWEST RANCH	1	Serving	1460	680	75	19	1	40	2730	159	6	22	32
SPINACH ARTICHOKE DIP	1	Serving	1460	810	90	36	3	55	2620	133	10	8	30
SPINACH ARTICHOKE CHICKEN FLATBREAD	1	Serving	760	300	33	15	0	140	1680	63	4	3	52
TABLEGATING SAMPLER, PLAIN WINGS, BLEU CHEESE	1	Serving	2760	1320	146	55	5	240	6420	278	24	22	81
TABLEGATING SAMPLER, THAI CURRY WINGS, RANCH	1	Serving	2980	1520	169	60	6	250	6880	283	15	23	80
ULTIMATE NACHOS	1	Serving	1300	570	63	27	2	95	3550	144	18	15	37
ULTIMATE NACHOS WITH CHICKEN	1	Serving	1430	600	66	28	2	205	4040	145	18	15	63
POPCORN SHRIMP, PLAIN	1	Serving	500	180	21	9	1	180	1480	60	8	0	19
POPCORN SHRIMP, THAI CURRY	1	Serving	790	440	48	14	1.5	200	3230	67	9	5	21
BONELESS WINGS													
BONELESS WINGS, LARGE, ASIAN ZING	1	Serving	1710	670	74	29	3	175	5330	184	12	62	77
BONELESS WINGS, LARGE, BLAZIN' WITH GHOST	1	Serving	1600	760	84	31	3	175	7390	133	14	6	77
BONELESS WINGS, LARGE, BOURBON HONEY MUSTARD	1	Serving	1690	690	77	29	3	175	6040	172	11	47	78
BONELESS WINGS, LARGE, BUFFALO	1	Serving	1450	670	74	29	3	175	4050	119	10	0	76
BONELESS WINGS, LARGE, CARIBBEAN JERK	1	Serving	1690	750	83	31	3	175	4640	159	11	37	77
BONELESS WINGS, LARGE, CHIPOLTE BBQ	1	Serving	1450	670	74	29	3	175	3900	120	10	1	76
BONELESS WINGS, LARGE, DESERT HEAT	1	Serving	1450	670	74	29	3	175	3670	120	10	1	76
BONELESS WINGS, LARGE, HONEY BBQ	1	Serving	1660	670	74	29	3	175	4680	172	11	45	76
BONELESS WINGS, LARGE, HOT	1	Serving	1610	800	88	31	3	175	6960	128	12	2	77
BONELESS WINGS, LARGE, HOT BBQ	1	Serving	1570	720	80	30	3	175	5580	135	12	13	77
BONELESS WINGS, LARGE, LEMON PEPPER	1	Serving	1450	670	74	29	3	175	4030	120	10	0	76
BONELESS WINGS, LARGE, MANGO HABANERO	1	Serving	1680	680	76	29	3	175	4760	173	11	44	76
BONELESS WINGS, LARGE, MEDIUM	1	Serving	1560	760	84	31	3	190	6340	125	11	1	76
BONELESS WINGS, LARGE, MILD	1	Serving	1660	840	94	32	3.5	200	6930	127	11	2	77
BONELESS WINGS, LARGE, PARMESAN GARLIC	1	Serving	1900	1070	118	37	3.5	220	5500	129	11	5	79
BONELESS WINGS, LARGE, PLAIN	1	Serving	1440	660	74	29	3	175	3340	118	10	0	75
BONELESS WINGS, LARGE, SALT AND VINEGAR	1	Serving	1440	670	74	29	3	175	4100	119	10	1	76
BONELESS WINGS, LARGE, SPICY GARLIC	1	Serving	1630	800	89	31	3	195	7620	130	12	2	77
BONELESS WINGS, LARGE, SWEET BBQ	1	Serving	1620	670	75	29	3	175	5470	160	12	32	77
BONELESS WINGS, LARGE, TERIYAKI	1	Serving	1640	670	74	29	3	175	5840	162	10	38	81

BWW ITEM NAME	Quantity	Measure	Cals (kcal)	FatCals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)
BONELESS WINGS, LARGE, THAI CURRY	1	Serving	2040	1190	133	40	4	210	7050	134	12	9	78
BONELESS WINGS, LARGE, WILD	1	Serving	1620	800	89	31	3	175	6270	129	12	4	77
BONELESS WINGS, MEDIUM, ASIAN ZING	1	Serving	1300	500	56	22	2.5	130	4110	142	9	50	58
BONELESS WINGS, MEDIUM, BLAZIN' WITH GHOST	1	Serving	1200	570	64	23	2.5	130	5630	100	10	4	58
BONELESS WINGS, MEDIUM, BOURBON HONEY MUSTARD	1	Serving	1290	520	58	22	2.5	130	4710	133	8	38	59
BONELESS WINGS, MEDIUM, BUFFALO	1	Serving	1090	500	56	22	2.5	130	3100	90	7	0	57
BONELESS WINGS, MEDIUM, CARIBBEAN JERK	1	Serving	1310	570	64	23	2.5	130	3710	126	9	34	58
BONELESS WINGS, MEDIUM, CHIPOLTE BBQ	1	Serving	1090	500	56	22	2.5	130	2970	90	7	1	57
BONELESS WINGS, MEDIUM, DESERT HEAT	1	Serving	1090	500	56	22	2.5	130	2780	90	8	1	57
BONELESS WINGS, MEDIUM, HONEY BBQ	1	Serving	1270	500	56	22	2.5	130	3670	136	8	39	57
BONELESS WINGS, MEDIUM, HOT	1	Serving	1230	610	68	24	2.5	130	5610	97	9	2	58
BONELESS WINGS, MEDIUM, HOT BBQ	1	Serving	1190	550	61	23	2.5	130	4420	103	9	11	58
BONELESS WINGS, MEDIUM, LEMON PEPPER	1	Serving	1090	500	55	22	2.5	130	3080	90	8	0	57
BONELESS WINGS, MEDIUM, MANGO HABANERO	1	Serving	1290	510	57	22	2.5	130	3780	138	8	40	57
BONELESS WINGS, MEDIUM, MEDIUM	1	Serving	1210	590	66	23	2.5	150	5600	96	9	1	58
BONELESS WINGS, MEDIUM, MILD	1	Serving	1240	630	70	24	2.5	150	5090	95	8	1	57
BONELESS WINGS, MEDIUM, PARMESAN GARLIC	1	Serving	1460	830	92	29	3	165	4310	98	8	4	60
BONELESS WINGS, MEDIUM, PLAIN	1	Serving	1080	500	55	22	2.5	130	2510	88	7	0	57
BONELESS WINGS, MEDIUM, SALT AND VINEGAR	1	Serving	1080	500	56	22	2.5	130	3140	90	7	1	57
BONELESS WINGS, MEDIUM, SPICY GARLIC	1	Serving	1230	600	67	24	2.5	150	5840	98	9	1	58
BONELESS WINGS, MEDIUM, SWEET BBQ	1	Serving	1230	500	56	22	2.5	130	4300	124	9	27	58
BONELESS WINGS, MEDIUM, TERIYAKI	1	Serving	1270	500	55	22	2.5	130	4810	129	8	35	62
BONELESS WINGS, MEDIUM, THAI CURRY	1	Serving	1560	930	103	30	3	160	5500	101	9	8	59
BONELESS WINGS, MEDIUM, WILD	1	Serving	1210	600	67	23	2.5	130	4650	96	9	3	57
BONELESS WINGS, SMALL, ASIAN ZING	1	Serving	890	330	37	15	1.5	85	2930	101	6	40	39
BONELESS WINGS, SMALL, BLAZIN' WITH GHOST	1	Serving	800	380	42	15	1.5	85	3760	67	7	3	39
BONELESS WINGS, SMALL, BOURBON HONEY MUSTARD	1	Serving	850	350	39	15	1.5	85	3100	88	5	25	39
BONELESS WINGS, SMALL, BUFFALO	1	Serving	720	330	37	15	1.5	85	2140	60	5	0	38
BONELESS WINGS, SMALL, CARIBBEAN JERK	1	Serving	860	380	42	15	1.5	85	2430	83	6	21	39
BONELESS WINGS, SMALL, CHIPOLTE BBQ	1	Serving	720	330	37	14	1.5	85	2040	61	5	1	38
BONELESS WINGS, SMALL, DESERT HEAT	1	Serving	730	330	37	15	1.5	85	1890	60	5	0	38
BONELESS WINGS, SMALL, HONEY BBQ	1	Serving	850	330	37	15	1.5	85	2450	91	5	26	38
BONELESS WINGS, SMALL, HOT	1	Serving	820	410	45	16	1.5	85	3790	65	6	1	38
BONELESS WINGS, SMALL, HOT BBQ	1	Serving	790	370	41	15	1.5	85	2980	69	6	7	39
BONELESS WINGS, SMALL, LEMON PEPPER	1	Serving	720	330	37	14	1.5	85	2130	60	5	0	38
BONELESS WINGS, SMALL, MANGO HABANERO	1	Serving	870	340	38	15	1.5	85	2590	94	6	28	38
BONELESS WINGS, SMALL, MEDIUM	1	Serving	820	410	45	16	1.5	100	4050	64	6	1	38
BONELESS WINGS, SMALL, MILD	1	Serving	820	420	46	16	1.5	100	3390	63	6	1	38
BONELESS WINGS, SMALL, PARMESAN GARLIC	1	Serving	980	560	63	19	2	115	2920	65	5	3	40
BONELESS WINGS, SMALL, PLAIN	1	Serving	720	330	37	14	1.5	85	1670	59	5	0	38
BONELESS WINGS, SMALL, SALT AND VINEGAR	1	Serving	720	330	37	14	1.5	85	2170	60	5	0	38
BONELESS WINGS, SMALL, SPICY GARLIC	1	Serving	820	410	45	16	1.5	100	4040	66	6	1	39
BONELESS WINGS, SMALL, SWEET BBQ	1	Serving	820	340	37	15	1.5	85	2920	84	6	19	39
BONELESS WINGS, SMALL, TERIYAKI	1	Serving	840	330	37	15	1.5	85	3130	85	5	22	41
BONELESS WINGS, SMALL, THAI CURRY	1	Serving	1070	640	71	21	2	110	3810	68	6	5	39
BONELESS WINGS, SMALL, WILD	1	Serving	820	410	45	16	1.5	85	3310	65	6	2	38
BONELESS WINGS, SNACK, ASIAN ZING	1	Serving	620	230	26	10	1	60	2000	69	4	26	27
BONELESS WINGS, SNACK, BLAZIN' WITH GHOST	1	Serving	570	270	30	11	1	60	2840	48	5	2	27
BONELESS WINGS, SNACK, BOURBON HONEY MUSTARD	1	Serving	620	240	27	10	1	60	2390	66	4	21	28
BONELESS WINGS, SNACK, BUFFALO	1	Serving	510	230	26	10	1	60	1530	42	3	0	26
BONELESS WINGS, SNACK, CARIBBEAN JERK	1	Serving	610	270	30	11	1	60	1740	59	4	16	27
BONELESS WINGS, SNACK, CHIPOLTE BBQ	1	Serving	510	230	26	10	1	60	1450	42	3	1	26
BONELESS WINGS, SNACK, DESERT HEAT	1	Serving	510	230	26	10	1	60	1330	42	4	0	27
BONELESS WINGS, SNACK, HONEY BBQ	1	Serving	590	230	26	10	1	60	1710	63	4	18	27

BWW ITEM NAME	Quantity	Measure	Cals (kcal)	FatCals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)
BONELESS WINGS, SNACK, HOT	1	Serving	580	290	32	11	1	60	2790	46	5	1	27
BONELESS WINGS, SNACK, HOT BBQ	1	Serving	560	260	29	11	1	60	2170	49	4	6	27
BONELESS WINGS, SNACK, LEMON PEPPER	1	Serving	510	230	26	10	1	60	1510	42	4	0	27
BONELESS WINGS, SNACK, MANGO HABANERO	1	Serving	610	240	27	10	1	60	1810	66	4	20	27
BONELESS WINGS, SNACK, MEDIUM	1	Serving	580	290	32	11	1	70	2990	45	4	1	27
BONELESS WINGS, SNACK, MILD	1	Serving	580	300	33	11	1	70	2470	45	4	1	27
BONELESS WINGS, SNACK, PARMESAN GARLIC	1	Serving	700	410	45	14	1.5	80	2110	46	4	2	28
BONELESS WINGS, SNACK, PLAIN	1	Serving	500	230	26	10	1	60	1170	41	3	0	26
BONELESS WINGS, SNACK, SALT AND VINEGAR	1	Serving	510	230	26	10	1	60	1550	42	3	0	26
BONELESS WINGS, SNACK, SPICY GARLIC	1	Serving	580	290	32	11	1	70	2880	46	4	1	27
BONELESS WINGS, SNACK, SWEET BBQ	1	Serving	580	240	26	10	1	60	2080	59	4	14	27
BONELESS WINGS, SNACK, TERIYAKI	1	Serving	590	230	26	10	1	60	2270	61	4	17	29
BONELESS WINGS, SNACK, THAI CURRY	1	Serving	710	420	47	14	1.5	75	2470	47	4	3	27
BONELESS WINGS, SNACK, WILD	1	Serving	570	280	31	11	1	60	2240	45	4	2	27
BONELESS WINGS, SINGLE, PLAIN	1	Serving	70	35	3.5	1.5	0	10	170	6	0	0	4
BONELESS WINGS, SINGLE, ASIAN ZING	1	Serving	90	35	3.5	1.5	0	10	290	10	1	4	4
BONELESS WINGS, SINGLE, BOURBON HONEY MUSTARD	1	Serving	90	35	4	1.5	0	10	340	9	1	3	4
BONELESS WINGS, SINGLE, BUFFALO	1	Serving	70	35	3.5	1.5	0	10	220	6	0	0	4
BONELESS WINGS, SINGLE, CHIPOTLE BBQ	1	Serving	70	35	3.5	1.5	0	10	210	6	0	0	4
BONELESS WINGS, SINGLE, DESERT HEAT	1	Serving	70	35	3.5	1.5	0	10	190	6	1	0	4
BONELESS WINGS, SINGLE, GHOST PEPPER BLAZIN	1	Serving	80	40	4.5	1.5	0	10	410	7	1	0	4
BONELESS WINGS, SINGLE, HONEY BBQ	1	Serving	80	35	3.5	1.5	0	10	240	9	1	3	4
BONELESS WINGS, SINGLE, HOT	1	Serving	80	40	4.5	1.5	0	10	400	7	1	0	4
BONELESS WINGS, SINGLE, LEMON PEPPER	1	Serving	70	35	3.5	1.5	0	10	220	6	1	0	4
BONELESS WINGS, SINGLE, MANGO HABANERO	1	Serving	90	35	4	1.5	0	10	260	9	1	3	4
BONELESS WINGS, SINGLE, MEDIUM	1	Serving	80	40	4.5	1.5	0	10	430	6	1	0	4
BONELESS WINGS, SINGLE, MILD	1	Serving	80	40	4.5	1.5	0	10	350	6	1	0	4
BONELESS WINGS, SINGLE, PARMESAN GARLIC	1	Serving	100	60	6	2	0	10	300	7	1	0	4
BONELESS WINGS, SINGLE, SALT AND VINEGAR	1	Serving	70	35	3.5	1.5	0	10	220	6	0	0	4
BONELESS WINGS, SINGLE, SPICY GARLIC	1	Serving	80	40	4.5	1.5	0	10	410	7	1	0	4
BONELESS WINGS, SINGLE, SWEET BBQ	1	Serving	80	35	3.5	1.5	0	10	300	8	1	2	4
BONELESS WINGS, SINGLE, TERIYAKI	1	Serving	80	35	3.5	1.5	0	10	320	9	1	2	4
BONELESS WINGS, SINGLE, THAI CURRY	1	Serving	100	60	7	2	0	10	350	7	1	0	4
BONELESS WINGS, SINGLE, WILD	1	Serving	80	40	4.5	1.5	0	10	320	6	1	0	4
BONELESS & TRADITIONAL WING COMBO, PLAIN WINGS, BLUE CHEESE DRESSING	1	Serving	1620	910	102	30	3	325	3070	94	12	10	81
BONELESS & TRADITIONAL WING COMBO, THAI CURRY, RANCH DRESSING	1	Serving	2020	1270	141	36	3.5	325	5200	107	13	17	81
TRADITIONAL WINGS													
TRADITIONAL WINGS, PLAIN, SMALL	1	Serving	670	340	38	13	1	370	350	0	0	0	82
TRADITIONAL WINGS PLAIN, LARGE	1	Serving	1340	680	76	26	1.5	735	700	0	0	0	165
TRADITIONAL WINGS PLAIN, MEDIUM	1	Serving	1000	510	57	19	1	550	520	0	0	0	123
TRADITIONAL WINGS PLAIN, SNACK	1	Serving	330	170	19	6	0	185	170	0	0	0	41
TRADITIONAL WINGS, LARGE, ASIAN ZING	1	Serving	1510	680	76	26	1.5	735	1970	42	2	40	166
TRADITIONAL WINGS, LARGE, BLAZIN' WITH GHOST	1	Serving	1440	740	83	27	1.5	735	3360	10	3	4	166
TRADITIONAL WINGS, LARGE, BOURBON HONEY MUSTARD	1	Serving	1550	700	78	26	1.5	735	2970	46	1	40	167
TRADITIONAL WINGS, LARGE, BUFFALO	1	Serving	1350	680	76	26	1.5	735	1410	1	0	0	165
TRADITIONAL WINGS, LARGE, CARIBBEAN JERK	1	Serving	1530	740	83	27	1.5	735	1720	32	1	29	166
TRADITIONAL WINGS, LARGE, CHIPOLTE BBQ	1	Serving	1350	680	76	26	1.5	735	1260	2	0	1	165
TRADITIONAL WINGS, LARGE, DESERT HEAT	1	Serving	1350	680	76	26	1.5	735	1030	2	0	1	165
TRADITIONAL WINGS, LARGE, HONEY BBQ	1	Serving	1510	680	76	26	1.5	735	1730	42	1	35	165
TRADITIONAL WINGS, LARGE, HOT	1	Serving	1450	770	85	27	1.5	735	3040	6	2	1	165
TRADITIONAL WINGS, LARGE, HOT BBQ	1	Serving	1420	720	80	26	1.5	735	2140	11	1	8	166
TRADITIONAL WINGS, LARGE, LEMON PEPPER	1	Serving	1350	680	76	26	1.5	735	1390	2	1	0	165
TRADITIONAL WINGS, LARGE, MANGO HABANERO	1	Serving	1500	690	77	26	1.5	735	1670	38	1	30	165
TRADITIONAL WINGS, LARGE, MEDIUM	1	Serving	1450	760	85	27	1.5	750	3340	6	1	1	165

BWW ITEM NAME	Quantity	Measure	Cals (kcal)	FatCals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)
TRADITIONAL WINGS, LARGE, MILD	1	Serving	1460	780	87	27	1.5	750	2740	5	1	1	165
TRADITIONAL WINGS, LARGE, PARMESAN GARLIC	1	Serving	1630	940	104	31	2	765	2080	7	1	3	167
TRADITIONAL WINGS, LARGE, SALT AND VINEGAR	1	Serving	1340	680	76	26	1.5	735	1450	1	0	1	165
TRADITIONAL WINGS, LARGE, SPICY GARLIC	1	Serving	1460	770	86	27	1.5	750	3540	8	1	1	166
TRADITIONAL WINGS, LARGE, SWEET BBQ	1	Serving	1460	680	76	26	1.5	735	2190	29	1	22	166
TRADITIONAL WINGS, LARGE, TERIYAKI	1	Serving	1500	680	76	26	1.5	735	2660	35	1	30	169
TRADITIONAL WINGS, LARGE, THAI CURRY	1	Serving	1720	1020	113	32	2	760	3050	10	2	6	166
TRADITIONAL WINGS, LARGE, WILD	1	Serving	1450	760	85	27	1.5	735	2410	6	1	3	165
TRADITIONAL WINGS, MEDIUM, ASIAN ZING	1	Serving	1160	510	57	19	1	550	1670	38	2	36	124
TRADITIONAL WINGS, MEDIUM, BLAZIN' WITH GHOST	1	Serving	1090	560	62	20	1	550	2600	8	2	3	124
TRADITIONAL WINGS, MEDIUM, BOURBON HONEY MUSTARD	1	Serving	1170	530	59	19	1	550	2250	35	1	30	125
TRADITIONAL WINGS, MEDIUM, BUFFALO	1	Serving	1010	510	57	19	1	550	1120	1	0	0	124
TRADITIONAL WINGS, MEDIUM, CARIBBEAN JERK	1	Serving	1170	560	63	20	1.5	550	1380	27	1	24	124
TRADITIONAL WINGS, MEDIUM, CHIPOLTE BBQ	1	Serving	1010	510	57	19	1	550	990	2	0	1	124
TRADITIONAL WINGS, MEDIUM, DESERT HEAT	1	Serving	1010	510	57	19	1	550	800	2	0	1	124
TRADITIONAL WINGS, MEDIUM, HONEY BBQ	1	Serving	1150	510	57	19	1	550	1410	36	1	30	124
TRADITIONAL WINGS, MEDIUM, HOT	1	Serving	1100	590	65	21	1.5	550	2600	6	1	1	124
TRADITIONAL WINGS, MEDIUM, HOT BBQ	1	Serving	1080	540	60	20	1	550	1810	10	1	7	124
TRADITIONAL WINGS, MEDIUM, LEMON PEPPER	1	Serving	1010	510	57	19	1	550	1100	2	1	0	124
TRADITIONAL WINGS, MEDIUM, MANGO HABANERO	1	Serving	1140	520	58	19	1	550	1350	32	1	26	124
TRADITIONAL WINGS, MEDIUM, MEDIUM	1	Serving	1100	580	64	21	1	565	2750	5	1	1	124
TRADITIONAL WINGS, MEDIUM, MILD	1	Serving	1110	590	66	21	1.5	565	2210	4	1	1	124
TRADITIONAL WINGS, MEDIUM, PARMESAN GARLIC	1	Serving	1250	730	81	24	1.5	575	1690	6	1	2	125
TRADITIONAL WINGS, MEDIUM, SALT AND VINEGAR	1	Serving	1010	510	57	19	1	550	1150	1	0	1	123
TRADITIONAL WINGS, MEDIUM, SPICY GARLIC	1	Serving	1110	590	65	21	1.5	565	2930	7	1	1	124
TRADITIONAL WINGS, MEDIUM, SWEET BBQ	1	Serving	1100	510	57	19	1	550	1690	23	1	17	124
TRADITIONAL WINGS, MEDIUM, TERIYAKI	1	Serving	1140	510	57	19	1	555	2180	29	1	25	127
TRADITIONAL WINGS, MEDIUM, THAI CURRY	1	Serving	1310	780	87	25	1.5	570	2440	8	1	5	125
TRADITIONAL WINGS, MEDIUM, WILD	1	Serving	1100	580	65	20	1	550	2050	6	1	2	124
TRADITIONAL WINGS, SMALL, BOURBON HONEY MUSTARD	1	Serving	780	350	39	13	1	370	1500	23	0	20	83
TRADITIONAL WINGS, SMALL, ASIAN ZING	1	Serving	780	340	38	13	1	370	1130	26	1	25	83
TRADITIONAL WINGS, SMALL, BLAZIN' WITH GHOST	1	Serving	730	380	42	14	1	370	1940	6	2	2	83
TRADITIONAL WINGS, SMALL, BUFFALO	1	Serving	670	340	38	13	1	370	820	1	0	0	82
TRADITIONAL WINGS, SMALL, CARIBBEAN JERK	1	Serving	790	380	42	14	1	370	960	19	1	17	83
TRADITIONAL WINGS, SMALL, CHIPOLTE BBQ	1	Serving	670	340	38	13	1	370	720	2	0	1	82
TRADITIONAL WINGS, SMALL, DESERT HEAT	1	Serving	680	340	38	13	1	370	570	1	0	0	82
TRADITIONAL WINGS, SMALL, HONEY BBQ	1	Serving	770	340	38	13	1	370	980	26	0	21	83
TRADITIONAL WINGS, SMALL, HOT	1	Serving	750	400	44	14	1	370	1950	4	1	1	83
TRADITIONAL WINGS, SMALL, HOT BBQ	1	Serving	730	370	41	13	1	370	1340	8	1	6	83
TRADITIONAL WINGS, SMALL, LEMON PEPPER	1	Serving	670	340	38	13	1	370	810	1	0	0	82
TRADITIONAL WINGS, SMALL, MANGO HABANERO	1	Serving	770	350	38	13	1	370	930	23	0	18	82
TRADITIONAL WINGS, SMALL, MEDIUM	1	Serving	730	380	43	14	1	375	1770	3	1	1	83
TRADITIONAL WINGS, SMALL, MILD	1	Serving	750	400	45	14	1	375	1630	3	1	1	83
TRADITIONAL WINGS, SMALL, PARMESAN GARLIC	1	Serving	850	500	55	16	1	385	1190	4	0	2	84
TRADITIONAL WINGS, SMALL, SALT AND VINEGAR	1	Serving	670	340	38	13	1	370	850	1	0	0	82
TRADITIONAL WINGS, SMALL, SPICY GARLIC	1	Serving	740	390	43	14	1	375	1910	4	1	1	83
TRADITIONAL WINGS, SMALL, SWEET BBQ	1	Serving	740	340	38	13	1	370	1170	16	1	12	83
TRADITIONAL WINGS, SMALL, TERIYAKI	1	Serving	760	340	38	13	1	370	1520	21	0	18	85
TRADITIONAL WINGS, SMALL, THAI CURRY	1	Serving	880	520	58	16	1	380	1640	6	1	3	83
TRADITIONAL WINGS, SMALL, WILD	1	Serving	730	390	43	14	1	370	1390	4	1	2	83
TRADITIONAL WINGS, SNACK, ASIAN ZING	1	Serving	400	170	19	6	0	185	670	16	1	15	42
TRADITIONAL WINGS, SNACK, BLAZIN' WITH GHOST	1	Serving	370	190	21	7	0	185	1080	3	1	1	42
TRADITIONAL WINGS, SNACK, BOURBON HONEY MUSTARD	1	Serving	400	180	20	6	0	185	860	14	0	12	42
TRADITIONAL WINGS, SNACK, BUFFALO	1	Serving	340	170	19	6	0	185	530	1	0	0	41

BWW ITEM NAME	Quantity	Measure	Cals (kcal)	FatCals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)
TRADITIONAL WINGS, SNACK, CARIBBEAN JERK	1	Serving	400	190	21	7	0	185	520	11	0	10	42
TRADITIONAL WINGS, SNACK, CHIPOLTE BBQ	1	Serving	340	170	19	6	0	185	450	1	0	1	41
TRADITIONAL WINGS, SNACK, DESERT HEAT	1	Serving	340	170	19	6	0	185	340	1	0	0	41
TRADITIONAL WINGS, SNACK, HONEY BBQ	1	Serving	390	170	19	6	0	185	520	14	0	12	41
TRADITIONAL WINGS, SNACK, HOT	1	Serving	380	200	23	7	0	185	1110	3	1	1	41
TRADITIONAL WINGS, SNACK, HOT BBQ	1	Serving	370	180	21	7	0	185	750	4	1	3	42
TRADITIONAL WINGS, SNACK, LEMON PEPPER	1	Serving	340	170	19	6	0	185	520	1	0	0	41
TRADITIONAL WINGS, SNACK, MANGO HABANERO	1	Serving	390	170	19	6	0	185	520	13	0	11	41
TRADITIONAL WINGS, SNACK, MEDIUM	1	Serving	360	190	21	7	0	190	870	2	0	0	41
TRADITIONAL WINGS, SNACK, MILD	1	Serving	380	210	23	7	0	190	930	2	0	0	41
TRADITIONAL WINGS, SNACK, PARMESAN GARLIC	1	Serving	440	260	29	8	0.5	195	680	3	0	1	42
TRADITIONAL WINGS, SNACK, SALT AND VINEGAR	1	Serving	340	170	19	6	0	185	550	1	0	0	41
TRADITIONAL WINGS, SNACK, SPICY GARLIC	1	Serving	370	200	22	7	0	190	1030	2	0	0	41
TRADITIONAL WINGS, SNACK, SWEET BBQ	1	Serving	370	170	19	6	0	185	650	9	0	7	42
TRADITIONAL WINGS, SNACK, TERIYAKI	1	Serving	390	170	19	6	0	185	830	12	0	10	43
TRADITIONAL WINGS, SNACK, THAI CURRY	1	Serving	460	280	31	9	0.5	190	940	3	1	2	42
TRADITIONAL WINGS, SNACK, WILD	1	Serving	370	200	22	7	0	185	800	2	0	1	41
TRADITINOAL WINGS, SINGLE, PLAIN	1	Serving	70	35	4	1.5	0	35	35	0	0	0	8
TRADITIONAL WINGS, SINGLE, ASIAN ZING	1	Serving	80	35	4	1.5	0	35	135	3	0	3	8
TRADITIONAL WING, SINGLE, BOURBON HONEY MUSTARD	1	Serving	80	35	4	1.5	0	35	170	3	0	2	8
TRADITIONAL WING, SINGLE, BUFFALO	1	Serving	70	35	4	1.5	0	35	95	0	0	0	8
TRADITIONAL WINGS, SINGLE, CHIPOLTE BBQ	1	Serving	70	35	4	1.5	0	35	80	0	0	0	8
TRADITIONAL WINGS, SINGLE, DESERT HEAT	1	Serving	70	35	4	1.5	0	35	60	0	0	0	8
TRADITIONAL WINGS, SINGLE, GHOST PEPPER BLAZIN	1	Serving	70	40	4.5	1.5	0	35	220	1	0	0	8
TRADITIONAL WINGS, SINGLE, HONEY BBQ	1	Serving	80	35	4	1.5	0	35	105	3	0	2	8
TRADITIONAL WINGS, SINGLE, HOT	1	Serving	80	40	4.5	1.5	0	35	220	1	0	0	8
TRADITIONAL WINGS, SINGLE, LEMON PEPPER	1	Serving	70	35	4	1.5	0	35	90	0	0	0	8
TRADITIONAL WINGS, SINGLE, MANGO HABANERO	1	Serving	80	35	4	1.5	0	35	105	3	0	2	8
TRADITIONAL WINGS, SINGLE, MEDIUM	1	Serving	70	40	4.5	1.5	0	40	170	0	0	0	8
TRADITIONAL WINGS, SINGLE, MILD	1	Serving	80	40	4.5	1.5	0	40	190	0	0	0	8
TRADITIONAL WINGS, SINGLE, PARMESAN GARLIC	1	Serving	90	50	6	1.5	0	40	135	1	0	0	8
TRADITIONAL WINGS, SINGLE, SALT AND VINEGAR	1	Serving	70	35	4	1.5	0	35	100	0	0	0	8
TRADITIONAL WINGS, SINGLE, SPICY GARLIC	1	Serving	70	40	4.5	1.5	0	40	210	0	0	0	8
TRADITIONAL WINGS, SINGLE, SWEET BBQ	1	Serving	70	35	4	1.5	0	35	130	2	0	1	8
TRADITIONAL WINGS, SINGLE, TERIYAKI	1	Serving	80	35	4	1.5	0	35	170	2	0	2	9
TRADITIONAL WINGS, SINGLE, THAI CURRY	1	Serving	90	60	6	1.5	0	40	190	1	0	0	8
TRADITIONAL WINGS, SINGLE, WILD	1	Serving	70	40	4.5	1.5	0	35	160	0	0	0	8
TRADITIONAL WINGS, SINGLE CARIBBEAN JERK	1	Serving	80	40	4.5	1.5	0	35	105	2	0	2	8
TRADITIONAL WINGS, SINGLE, HOT BBQ	1	Serving	70	35	4	1.5	0	35	150	1	0	1	8
SAUCES													
MARINARA, 2 FO	1	Serving	45	15	1.5	0	0	0	320	9	2	5	1
GARLIC MUSTARD SAUCE, 1 FO	1	Serving	180	170	19	3	0	15	130	2	0	1	1
CAJUN AIOLI, 1.5 FO	1	Serving	480	460	51	8	1	40	380	5	0	2	1
COOL HEAT, 2 FO	1	Serving	350	340	38	6	1	29	196	4	0	2	1
TZATZIKI SAUCE, 2 FO	1	Serving	260	250	27	5	0	30	400	2	0	1	2
SPICY MUSTARD, 1 FO	1	Serving	30	15	2	0	0	0	280	2	1	0	1
SPICY MUSTARD, 2 FO	1	Serving	60	35	3.5	0	0	0	570	4	2	0	3
SPICY MUSTARD, 3 FO	1	Serving	90	50	6	0	0	0	850	6	4	1	4
SPICY MUSTARD, 4 FO	1	Serving	120	70	7	0.5	0	0	1140	8	5	1	6
SPICY MUSTARD, 6 FO	1	Serving	180	100	11	1	0	0	1710	13	7	1	9
SPICY MUSTARD, 8 FO	1	Serving	240	130	15	1.5	0	0	2280	17	10	2	11
SPICY MUSTARD, 16 FO	1	Serving	490	270	29	3	0	0	4560	33	20	4	23
SWEET BBQ, 0.5 FO	1	Serving	20	0	0	0	0	0	260	5	0	4	0
SWEET BBQ, 1 FO	1	Serving	45	0	0	0	0	0	520	10	0	8	0

BWW ITEM NAME	Quantity	Measure	Cals (kcal)	FatCals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)
SWEET BBQ, 2 FO	1	Serving	90	5	0	0	0	0	1040	21	1	16	1
SWEET BBQ, 3 FO	1	Serving	130	5	0	0	0	0	1560	31	1	23	1
SWEET BBQ, 4 FO	1	Serving	180	5	0.5	0	0	0	2090	41	2	31	2
SWEET BBQ, 5 FO	1	Serving	220	5	1	0	0	0	2610	51	2	39	2
SWEET BBQ, 6 FO	1	Serving	260	10	1	0	0	0	3130	62	3	47	3
SWEET BBQ, 8 FO	1	Serving	350	10	1.5	0	0	0	4170	82	4	62	4
SWEET BBQ, 12 FO	1	Serving	530	20	2	0	0	0	6260	123	6	93	6
SWEET BBQ, 16 FO	1	Serving	700	25	2.5	0.5	0	0	8340	164	7	125	8
SWEET BBQ, 24 FO	1	Serving	1060	35	4	1	0	0	12520	247	11	187	11
TERIYAKI, 0.5 FO	1	Serving	25	0	0	0	0	0	310	5	0	5	1
TERIYAKI, 1 FO	1	Serving	50	0	0	0	0	0	610	11	0	9	1
TERIYAKI, 2 FO	1	Serving	100	0	0	0	0	0	1230	22	0	19	3
TERIYAKI, 3 FO	1	Serving	150	0	0	0	0	0	1840	33	1	28	4
TERIYAKI, 4 FO	1	Serving	200	0	0	0	0	0	2460	44	1	38	6
TERIYAKI, 5 FO	1	Serving	250	0	0	0	0	0	3070	54	1	47	7
TERIYAKI, 6 FO	1	Serving	300	0	0	0	0	0	3690	65	1	56	8
TERIYAKI, 8 FO	1	Serving	400	0	0	0	0	0	4910	87	2	75	11
TERIYAKI, 12 FO	1	Serving	590	5	0	0	0	0	7370	131	2	113	17
TERIYAKI, 16 FO	1	Serving	790	5	0	0	0	5	9830	174	3	151	23
TERIYAKI, 24 FO	1	Serving	1190	5	0.5	0.5	0	5	14740	261	5	226	34
BOURBON HONEY MUSTARD, 0.5 FO	1	Serving	40	5	0	0	0	0	400	8	0	7	0
BOURBON HONEY MUSTARD, 1 FO	1	Serving	80	10	1	0	0	0	800	16	0	14	1
BOURBON HONEY MUSTARD, 2 FO	1	Serving	150	15	2	0	0	0	1600	32	1	28	2
BOURBON HONEY MUSTARD, 3 FO	1	Serving	230	25	2.5	0	0	0	2400	48	1	42	2
BOURBON HONEY MUSTARD, 4 FO	1	Serving	300	30	3.5	0	0	0	3200	65	1	56	3
BOURBON HONEY MUSTARD, 5 FO	1	Serving	380	40	4.5	0	0	0	4000	81	2	70	4
BOURBON HONEY MUSTARD, 6 FO	1	Serving	450	50	5	0	0	0	4800	97	2	83	5
BOURBON HONEY MUSTARD, 8 FO	1	Serving	610	60	7	0.5	0	0	6400	129	3	111	6
BOURBON HONEY MUSTARD, 12 FO	1	Serving	910	100	11	1	0	0	9600	194	4	167	9
BOURBON HONEY MUSTARD, 16 FO	1	Serving	1210	130	14	1	0	0	12800	258	5	223	12
BOURBON HONEY MUSTARD, 24 FO	1	Serving	1820	190	21	1.5	0	0	19200	387	8	334	18
MILD, 0.5 FO	1	Serving	25	20	2.5	0	0	5	440	1	0	0	0
MILD, 1 FO	1	Serving	50	45	5	1	0	5	880	2	0	0	0
MILD, 2 FO	1	Serving	110	90	10	1.5	0	10	1770	4	1	1	1
MILD, 3 FO	1	Serving	160	130	15	2.5	0	20	2650	7	1	1	1
MILD, 4 FO	1	Serving	210	170	19	3	0	25	3540	9	2	2	1
MILD, 5 FO	1	Serving	270	220	24	4	0	30	4420	11	2	2	1
MILD, 6 FO	1	Serving	320	260	29	4.5	0	35	5310	13	3	2	2
MILD, 8 FO	1	Serving	430	350	39	6	0.5	50	7080	18	3	3	2
MILD, 12 FO	1	Serving	640	520	58	9	1	75	10620	26	5	5	4
MILD, 16 FO	1	Serving	860	700	78	13	1	100	14150	35	7	7	5
MILD, 24 FO	1	Serving	1290	1050	117	19	1.5	145	21230	53	10	10	7
PARMESAN GARLIC, 0.5 FO	1	Serving	60	50	6	1	0	5	300	1	0	1	1
PARMESAN GARLIC, 1 FO	1	Serving	130	110	12	2	0	10	590	3	0	1	1
PARMESAN GARLIC, 2 FO	1	Serving	250	220	24	4.5	0	25	1180	6	1	2	2
PARMESAN GARLIC, 3 FO	1	Serving	380	330	37	7	0.5	35	1780	9	1	4	3
PARMESAN GARLIC, 4 FO	1	Serving	500	440	49	9	1	50	2370	12	1	5	4
PARMESAN GARLIC, 5 FO	1	Serving	630	550	61	11	1	60	2960	15	1	6	5
PARMESAN GARLIC, 6 FO	1	Serving	750	660	73	13	1	75	3550	18	2	7	6
PARMESAN GARLIC, 8 FO	1	Serving	1000	880	98	18	1.5	100	4730	24	2	10	8
PARMESAN GARLIC, 12 FO	1	Serving	1500	1320	146	27	2.5	145	7100	36	3	15	12
PARMESAN GARLIC, 16 FO	1	Serving	2000	1760	195	36	3	195	9470	48	4	20	17
PARMESAN GARLIC, 24 FO	1	Serving	3000	2640	293	54	4.5	295	14200	72	7	30	25
HONEY BBQ, 0.5 FO	1	Serving	35	0	0	0	0	0	210	9	0	7	0

BWW ITEM NAME	Quantity	Measure	Cals (kcal)	FatCals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)
HONEY BBQ, 1 FO	1	Serving	70	0	0	0	0	0	420	17	0	14	0
HONEY BBQ, 2 FO	1	Serving	140	0	0	0	0	0	850	34	1	29	1
HONEY BBQ, 3 FO	1	Serving	210	5	0	0	0	0	1270	52	1	43	1
HONEY BBQ, 4 FO	1	Serving	280	5	0	0	0	0	1690	69	1	57	1
HONEY BBQ, 5 FO	1	Serving	350	5	0.5	0	0	0	2120	86	1	71	1
HONEY BBQ, 6 FO	1	Serving	420	5	0.5	0	0	0	2540	103	2	86	2
HONEY BBQ, 8 FO	1	Serving	560	10	1	0	0	0	3380	138	2	114	2
HONEY BBQ, 12 FO	1	Serving	840	10	1.5	0	0	0	5080	207	4	171	3
HONEY BBQ, 16 FO	1	Serving	1120	15	1.5	0	0	0	6770	276	5	228	4
HONEY BBQ, 24 FO	1	Serving	1670	25	2.5	0.5	0	0	10150	414	7	343	6
MEDIUM, 0.5 FO	1	Serving	20	15	1.5	0	0	5	510	1	0	0	0
MEDIUM, 1 FO	1	Serving	35	25	3	0	0	5	1020	2	0	0	0
MEDIUM, 2 FO	1	Serving	70	50	6	1	0	10	2040	5	1	1	1
MEDIUM, 3 FO	1	Serving	110	80	9	1.5	0	20	3060	6	1	1	1
MEDIUM, 4 FO	1	Serving	140	100	11	2	0	25	4080	9	2	1	1
MEDIUM, 5 FO	1	Serving	180	130	14	2.5	0	30	5090	11	2	2	2
MEDIUM, 6 FO	1	Serving	210	150	17	3	0	35	6110	13	3	2	2
MEDIUM, 8 FO	1	Serving	280	200	23	4	0	50	8150	17	4	3	2
MEDIUM, 12 FO	1	Serving	420	310	34	6	0	75	12230	26	5	4	4
MEDIUM, 16 FO	1	Serving	560	410	45	8	0.5	100	16300	34	7	6	5
MEDIUM, 24 FO	1	Serving	840	610	68	11	1	150	24460	51	11	9	7
SPICY GARLIC, 0.5 FO	1	Serving	25	15	2	0	0	5	540	2	0	0	0
SPICY GARLIC, 1 FO	1	Serving	50	35	4	0.5	0	5	1090	3	1	0	0
SPICY GARLIC, 2 FO	1	Serving	100	70	8	1.5	0	10	2180	6	1	1	1
SPICY GARLIC, 3 FO	1	Serving	150	100	11	2	0	20	3270	9	2	1	1
SPICY GARLIC, 4 FO	1	Serving	190	140	15	2.5	0	25	4360	12	2	2	2
SPICY GARLIC, 5 FO	1	Serving	240	170	19	3	0	30	5450	15	3	2	2
SPICY GARLIC, 6 FO	1	Serving	290	210	23	4	0	35	6540	18	3	3	3
SPICY GARLIC, 8 FO	1	Serving	390	270	31	5	0	50	8720	25	4	4	4
SPICY GARLIC 12 FO	1	Serving	580	410	46	8	0.5	75	13080	37	6	5	5
SPICY GARLIC, 16 FO	1	Serving	770	550	61	10	1	100	17440	49	9	7	7
SPICY GARLIC, 24 FO	1	Serving	1160	820	92	15	1.5	145	26160	74	13	11	11
ASIAN ZING, 0.5 FO	1	Serving	45	0	0	0	0	0	310	10	0	10	0
ASIAN ZING, 1 FO	1	Serving	90	0	0	0	0	0	630	21	1	20	0
ASIAN ZING, 2 FO	1	Serving	170	0	0	0	0	0	1260	42	2	39	1
ASIAN ZING, 3 FO	1	Serving	260	5	0	0	0	0	1880	63	2	59	1
ASIAN ZING, 4 FO	1	Serving	340	5	0.5	0	0	0	2510	84	3	79	2
ASIAN ZING, 5 FO	1	Serving	430	5	0.5	0	0	0	3140	104	4	99	2
ASIAN ZING, 6 FO	1	Serving	520	5	1	0	0	0	3770	125	5	118	3
ASIAN ZING, 8 FO	1	Serving	690	10	1	0	0	0	5020	167	7	158	4
ASIAN ZING, 12 FO	1	Serving	1030	15	1.5	0	0	0	7540	251	10	237	6
ASIAN ZING, 16 FO	1	Serving	1380	20	2	0	0	0	10050	334	13	316	8
ASIAN ZING, 24 FO	1	Serving	2070	30	3.5	0.5	0	0	15070	502	20	474	11
CARIBBEAN JERK, 0.5 FO	1	Serving	35	10	1.5	0	0	0	190	6	0	5	0
CARIBBEAN JERK, 1 FO	1	Serving	70	25	2.5	0	0	0	380	12	0	11	0
CARIBBEAN JERK, 2 FO	1	Serving	150	50	5	1	0	0	770	24	1	22	1
CARIBBEAN JERK, 3 FO	1	Serving	220	70	8	1.5	0	0	1150	36	1	33	1
CARIBBEAN JERK, 4 FO	1	Serving	290	100	11	2	0	0	1530	48	2	43	2
CARIBBEAN JERK, 5 FO	1	Serving	370	120	13	2.5	0	0	1920	60	2	54	2
CARIBBEAN JERK, 6 FO	1	Serving	440	140	16	3	0	0	2300	72	3	65	2
CARIBBEAN JERK, 8 FO	1	Serving	590	190	21	3.5	0	0	3070	96	4	87	3
CARIBBEAN JERK, 12 FO	1	Serving	880	290	32	6	0.5	0	4600	144	5	130	5
CARIBBEAN JERK, 16 FO	1	Serving	1180	380	43	7	1	0	6130	191	7	174	7
CARIBBEAN JERK, 24 FO	1	Serving	1770	570	64	11	1.5	0	9200	287	11	261	10

BWW ITEM NAME	Quantity	Measure	Cals (kcal)	FatCals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)
HOT BBQ, 0.5 FO	1	Serving	20	10	1	0	0	0	320	2	0	2	0
HOT BBQ, 1 FO	1	Serving	35	15	2	0	0	0	630	5	1	4	0
HOT BBQ, 2 FO	1	Serving	70	30	3.5	0.5	0	0	1260	10	1	7	1
HOT BBQ, 3 FO	1	Serving	110	50	5	1	0	0	1890	15	2	11	1
HOT BBQ, 4 FO	1	Serving	140	60	7	1	0	0	2520	19	2	14	2
HOT BBQ, 5 FO	1	Serving	180	80	9	1.5	0	0	3150	24	3	18	2
HOT BBQ, 6 FO	1	Serving	220	100	11	1.5	0	0	3780	29	4	21	3
HOT BBQ, 8 FO	1	Serving	290	130	14	2	0	0	5040	39	5	29	4
HOT BBQ, 12 FO	1	Serving	430	190	21	3.5	0	0	7570	58	7	43	6
HOT BBQ, 16 FO	1	Serving	580	250	28	4.5	0	0	10090	77	9	57	8
HOT BBQ, 24 FO	1	Serving	870	380	42	7	0.5	0	15130	116	14	86	11
THAI CURRY, 0.5 FO	1	Serving	70	60	7	1	0	5	440	2	0	1	0
THAI CURRY, 1 FO	1	Serving	140	130	14	2.5	0	10	880	4	1	2	1
THAI CURRY, 2 FO	1	Serving	280	250	28	5	0	20	1750	8	1	4	1
THAI CURRY, 3 FO	1	Serving	430	380	42	7	0.5	25	2630	11	2	7	2
THAI CURRY, 4 FO	1	Serving	570	500	56	10	1	35	3510	15	2	9	2
THAI CURRY, 5 FO	1	Serving	710	630	70	12	1	45	4390	19	3	11	3
THAI CURRY, 6 FO	1	Serving	850	750	84	15	1	55	5260	23	4	13	4
THAI CURRY, 8 FO	1	Serving	1140	1000	112	20	1.5	70	7020	30	5	18	5
THAI CURRY, 12 FO	1	Serving	1700	1510	167	30	2.5	105	10530	46	7	27	7
THAI CURRY, 16 FO	1	Serving	2270	2010	223	40	3	140	14040	61	10	35	10
THAI CURRY, 24 FO	1	Serving	3410	3010	335	60	5	215	21060	91	15	53	15
HOT, 0.5 FO	1	Serving	25	20	2	0	0	0	510	1	0	0	0
HOT, 1 FO	1	Serving	50	35	4	0.5	0	0	1020	3	1	1	0
HOT, 2 FO	1	Serving	100	70	8	1.5	0	0	2040	6	1	1	1
HOT, 3 FO	1	Serving	150	110	12	2	0	0	3060	8	2	2	1
HOT, 4 FO	1	Serving	190	150	16	2.5	0	0	4080	11	3	2	1
HOT, 5 FO	1	Serving	240	190	21	3.5	0	0	5100	14	4	3	2
HOT, 6 FO	1	Serving	290	220	25	4	0	0	6120	17	4	4	2
HOT, 8 FO	1	Serving	390	300	33	5	0	0	8170	22	6	5	3
HOT, 12 FO	1	Serving	580	450	49	8	0.5	0	12250	33	9	7	4
HOT, 16 FO	1	Serving	770	590	66	11	1	0	16330	44	11	10	5
HOT, 24 FO	1	Serving	1160	890	99	16	1.5	0	24500	66	17	14	8
MANGO HABANERO, 0.5 FO	1	Serving	40	5	0	0	0	0	240	9	0	7	0
MANGO HABANERO, 1 FO	1	Serving	80	5	0.5	0	0	0	480	19	0	15	0
MANGO HABANERO, 2 FO	1	Serving	160	10	1	0	0	0	960	37	1	30	0
MANGO HABANERO, 3 FO	1	Serving	240	15	1.5	0	0	0	1430	56	1	45	0
MANGO HABANERO, 4 FO	1	Serving	320	20	2.5	0	0	0	1910	74	1	59	0
MANGO HABANERO, 5 FO	1	Serving	400	25	3	0.5	0	0	2390	93	2	74	1
MANGO HABANERO, 6 FO	1	Serving	480	30	3.5	0.5	0	0	2870	111	2	89	1
MANGO HABANERO, 8 FO	1	Serving	640	40	4.5	1	0	0	3820	148	3	119	1
MANGO HABANERO, 12 FO	1	Serving	950	60	7	1	0	0	5730	222	4	178	1
MANGO HABANERO, 16 FO	1	Serving	1270	80	9	1.5	0	0	7640	296	6	238	2
MANGO HABANERO, 24 FO	1	Serving	1910	120	14	2.5	0	0	11470	444	9	357	3
WILD, 0.5 FO	1	Serving	25	20	2	0	0	0	400	1	0	1	0
WILD, 1 FO	1	Serving	50	40	4	0.5	0	0	800	3	1	1	0
WILD, 2 FO	1	Serving	100	80	8	1.5	0	0	1600	6	1	2	1
WILD, 3 FO	1	Serving	150	110	13	2	0	0	2400	9	2	4	1
WILD, 4 FO	1	Serving	200	150	17	2.5	0	0	3200	12	2	5	1
WILD, 5 FO	1	Serving	250	190	21	3	0	0	4000	15	3	6	2
WILD, 6 FO	1	Serving	300	230	25	4	0	0	4800	18	3	7	2
WILD, 8 FO	1	Serving	400	300	33	5	0	0	6410	24	5	9	2
WILD, 12 FO	1	Serving	600	450	50	8	0.5	0	9610	36	7	14	4
WILD, 16 FO	1	Serving	800	600	67	10	1	0	12810	47	9	19	5

BWW ITEM NAME	Quantity	Measure	Cals (kcal)	FatCals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)
WILD, 24 FO	1	Serving	1200	900	100	15	1.5	0	19220	71	14	28	7
BLAZIN' GHOST PEPPER, 0.5 FO	1	Serving	20	10	1.5	0	0	0	530	2	1	1	0
BLAZIN' GHOST PEPPER, 1 FO	1	Serving	40	25	3	0	0	0	1060	4	1	1	1
BLAZIN' WITH GHOST PEPPER, 2 FO	1	Serving	80	50	6	1	0	0	2120	8	2	3	1
BLAZIN' GHOST PEPPER, 3 FO	1	Serving	130	70	8	1.5	0	0	3180	12	3	4	2
BLAZIN' GHOST PEPPER, 4 FO	1	Serving	170	100	11	2	0	0	4250	16	4	6	2
BLAZIN' GHOST PEPPER, 5 FO	1	Serving	210	120	14	2.5	0	0	5310	20	6	7	3
BLAZIN' GHOST PEPPER, 6 FO	1	Serving	250	150	17	3	0	0	6370	24	7	9	3
BLAZIN' GHOST PEPPER, 8 FO	1	Serving	330	200	22	4	0	0	8490	32	9	12	4
BLAZIN' GHOST PEPPER, 12 FO	1	Serving	500	300	33	6	0	0	12740	48	13	17	6
BLAZIN' GHOST PEPPER, 16 FO	1	Serving	670	400	44	8	0	0	16990	64	18	23	8
BLAZIN' GHOST PEPPER, 24 FO	1	Serving	1000	600	67	12	0.5	0	25480	97	27	35	13
SEASONINGS													
CHIPOTLE BBQ SEASONING 1 TSP	1	Serving	5	0	0	0	0	0	510	2	0	1	0
DESERT HEAT SEASONING 1 TSP	1	Serving	10	5	0	0	0	0	360	2	0	1	0
BUFFALO SEASONING, 1 SHAKE	1	Serving	0	0	0	0	0	0	45	0	0	0	0
BUFFALO SEASONING, 2 SHAKES	1	Serving	0	0	0	0	0	0	95	0	0	0	0
BUFFALO SEASONING, 3 SHAKES	1	Serving	0	0	0	0	0	0	140	0	0	0	0
BUFFALO SEASONING, 4 SHAKES	1	Serving	0	0	0	0	0	0	190	0	0	0	0
BUFFALO SEASONING, 6 SHAKES	1	Serving	5	0	0	0	0	0	280	1	0	0	0
BUFFALO SEASONING, 8 SHAKES	1	Serving	5	0	0	0	0	0	370	1	0	0	0
BUFFALO SEASONING, 10 SHAKES	1	Serving	5	0	0	0	0	0	470	1	0	0	0
BUFFALO SEASONING, 12 SHAKES	1	Serving	5	0	0	0	0	0	560	1	0	0	0
BUFFALO SEASONING, 24 SHAKES	1	Serving	15	5	0	0	0	0	1120	2	0	0	0
BUFFALO SEASONING, 36 SHAKES	1	Serving	20	5	0.5	0	0	0	1690	3	0	0	0
BUFFALO SEASONING, 48 SHAKES	1	Serving	25	5	1	0	0	0	2250	5	0	0	0
BUFFALO SEASONING, 72 SHAKES	1	Serving	40	10	1	0	0	0	3370	7	1	1	1
CAJUN SEASONING 10 SHAKES	1	Serving	10	0	0	0	0	0	430	2	1	0	0
CAJUN SEASONING 12 SHAKES	1	Serving	10	5	0	0	0	0	520	2	1	0	0
CAJUN SEASONING 3 SHAKES	1	Serving	5	0	0	0	0	0	130	1	0	0	0
CAJUN SEASONING 6 SHAKES	1	Serving	5	0	0	0	0	0	260	1	0	0	0
CAJUN SEASONING 8 SHAKES	1	Serving	5	0	0	0	0	0	350	1	1	0	0
CHIPOTLE BBQ, 1 SHAKE	1	Serving	0	0	0	0	0	0	45	0	0	0	0
CHIPOTLE BBQ, 2 SHAKES	1	Serving	0	0	0	0	0	0	85	0	0	0	0
CHIPOTLE BBQ, 3 SHAKES	1	Serving	0	0	0	0	0	0	130	1	0	0	0
CHIPOTLE BBQ, 4 SHAKES	1	Serving	5	0	0	0	0	0	170	1	0	0	0
CHIPOTLE BBQ, 6 SHAKES	1	Serving	5	0	0	0	0	0	260	1	0	0	0
CHIPOTLE BBQ, 8 SHAKES	1	Serving	5	0	0	0	0	0	350	1	0	1	0
CHIPOTLE BBQ, 10 SHAKES	1	Serving	5	0	0	0	0	0	440	2	0	1	0
CHIPOTLE BBQ, 12 SHAKES	1	Serving	10	0	0	0	0	0	520	2	0	1	0
CHIPOTLE BBQ, 24 SHAKES	1	Serving	15	0	0	0	0	0	1050	4	0	2	0
CHIPOTLE BBQ, 36 SHAKES	1	Serving	25	5	0	0	0	0	1570	7	0	3	0
CHIPOTLE BBQ, 48 SHAKES	1	Serving	30	5	0	0	0	0	2100	9	1	4	0
CHIPOTLE BBQ, 72 SHAKES	1	Serving	45	5	0.5	0	0	0	3140	13	1	6	1
DESERT HEAT, 1 SHAKE	1	Serving	0	0	0	0	0	0	25	0	0	0	0
DESERT HEAT, 2 SHAKES	1	Serving	0	0	0	0	0	0	50	0	0	0	0
DESERT HEAT, 3 SHAKES	1	Serving	0	0	0	0	0	0	75	0	0	0	0
DESERT HEAT, 4 SHAKES	1	Serving	5	0	0	0	0	0	95	1	0	0	0
DESERT HEAT, 6 SHAKES	1	Serving	5	0	0	0	0	0	150	1	0	0	0
DESERT HEAT, 8 SHAKES	1	Serving	5	0	0	0	0	0	190	1	0	0	0
DESERT HEAT, 10 SHAKES	1	Serving	5	0	0	0	0	0	240	1	0	1	0
DESERT HEAT, 12 SHAKES	1	Serving	10	0	0	0	0	0	290	2	0	1	0
DESERT HEAT, 24 SHAKES	1	Serving	15	5	0.5	0	0	0	580	3	1	1	0
DESERT HEAT, 36 SHAKES	1	Serving	25	5	1	0	0	0	870	5	1	2	1

BWW ITEM NAME	Quantity	Measure	Cals (kcal)	FatCals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)
DESERT HEAT, 48 SHAKES	1	Serving	35	10	1	0	0	0	1160	7	2	3	1
DESERT HEAT, 72 SHAKES	1	Serving	50	15	1.5	0	0	0	1740	10	2	4	1
FRY SALT, 10 SHAKES	1	Serving	0	0	0	0	0	0	1230	0	0	0	0
FRY SALT, 12 SHAKES	1	Serving	0	0	0	0	0	0	1480	0	0	0	0
FRY SALT 3 SHAKES	1	Serving	0	0	0	0	0	0	370	0	0	0	0
FRY SALT, 6 SHAKES	1	Serving	0	0	0	0	0	0	740	0	0	0	0
FRY SALT, 8 SHAKES	1	Serving	0	0	0	0	0	0	990	0	0	0	0
GRILL SEASONING 10 SHAKES	1	Serving	5	0	0	0	0	0	1020	1	0	0	0
GRILL SEASONING 12 SHAKES	1	Serving	10	0	0	0	0	0	1230	2	0	0	0
GRILL SEASONING 3 SHAKES	1	Serving	5	0	0	0	0	0	1020	1	0	0	0
GRILL SEASONING 6 SHAKES	1	Serving	5	0	0	0	0	0	610	1	0	0	0
GRILL SEASONING 8 SHAKES	1	Serving	5	0	0	0	0	0	820	1	0	0	0
LEMON PEPPER, 1 SHAKE	1	Serving	0	0	0	0	0	0	60	0	0	0	0
LEMON PEPPER, 2 SHAKES	1	Serving	0	0	0	0	0	0	125	0	0	0	0
LEMON PEPPER, 3 SHAKES	1	Serving	0	0	0	0	0	0	190	1	0	0	0
LEMON PEPPER, 4 SHAKES	1	Serving	5	0	0	0	0	0	250	1	0	0	0
LEMON PEPPER, 6 SHAKES	1	Serving	5	0	0	0	0	0	370	1	0	0	0
LEMON PEPPER, 8 SHAKES	1	Serving	5	0	0	0	0	0	500	1	0	0	0
LEMON PEPPER, 10 SHAKES	1	Serving	5	0	0	0	0	0	620	2	1	0	0
LEMON PEPPER, 12 SHAKES	1	Serving	10	0	0	0	0	0	740	2	1	0	0
LEMON PEPPER, 24 SHAKES	1	Serving	15	0	0	0	0	0	1490	4	1	0	1
LEMON PEPPER, 36 SHAKES	1	Serving	25	0	0	0	0	0	2230	6	2	0	1
LEMON PEPPER, 48 SHAKES	1	Serving	35	0	0	0	0	0	2980	9	3	0	1
LEMON PEPPER, 72 SHAKES	1	Serving	50	5	0	0	0	0	4460	13	4	1	2
SALT AND VINEGAR, 1 SHAKE	1	Serving	0	0	0	0	0	0	40	0	0	0	0
SALT AND VINEGAR, 2 SHAKES	1	Serving	0	0	0	0	0	0	80	0	0	0	0
SALT AND VINEGAR, 3 SHAKES	1	Serving	0	0	0	0	0	0	120	0	0	0	0
SALT AND VINEGAR, 4 SHAKES	1	Serving	0	0	0	0	0	0	160	0	0	0	0
SALT AND VINEGAR, 6 SHAKES	1	Serving	0	0	0	0	0	0	240	0	0	0	0
SALT AND VINEGAR, 8 SHAKES	1	Serving	5	0	0	0	0	0	320	1	0	0	0
SALT AND VINEGAR, 10 SHAKES	1	Serving	5	0	0	0	0	0	400	1	0	0	0
SALT AND VINEGAR, 12 SHAKES	1	Serving	5	0	0	0	0	0	480	1	0	0	0
SALT AND VINEGAR, 24 SHAKES	1	Serving	10	0	0	0	0	0	970	2	0	1	0
SALT AND VINEGAR, 36 SHAKES	1	Serving	10	0	0	0	0	0	1450	2	0	1	0
SALT AND VINEGAR, 48 SHAKES	1	Serving	15	5	0	0	0	0	1940	3	0	2	0
SALT AND VINEGAR, 72 SHAKES	1	Serving	25	5	0	0	0	0	2910	5	0	2	0
SIDES & SUBSTITUTIONS													
BUFFALO CHIPS	1	Serving	290	120	14	6	0.5	10	590	38	5	0	4
CAESAR SIDE SALAD	1	Serving	350	190	21	4.5	0	65	1000	31	3	5	8
CHEESE CURDS WITH SOUTHWEST RANCH	1	Serving	920	710	79	31	2	95	2290	23	5	3	31
COLESLAW, SIDE ORDER	1	Serving	240	160	18	3	0	20	450	14	5	10	3
GARDEN SIDE SALAD	1	Serving	390	230	26	5	0	5	1140	30	4	8	7
ONION RINGS with SOUTHWEST RANCH	1	Serving	960	630	70	20	2.5	40	1620	76	6	12	6
RANCH POTATO WEDGES	1	Serving	370	170	19	8	1	15	1030	45	6	1	6
FRENCH FRIES	1	Serving	330	140	15	7	1	10	940	44	4	0	4
SIDE OF MAC AND CHEESE	1	Serving	540	260	28	17	1	75	1130	52	4	1	19
VEGGIE BOAT with FAT FREE RANCH	1	Serving	130	5	0.5	0	0	0	970	30	6	14	2
SIDE CHIPS & SALSA	1	Serving	530	210	23	9	1	15	1030	73	8	4	8
CARROT STICKS, NO DRESSING	1	Serving	25	0	0	0	0	0	45	6	2	3	1
CELERY STICKS, NO DRESSING	1	Serving	15	0	0	0	0	0	80	3	2	1	1
CARROT/CELERY	1	Serving	20	0	0	0	0	0	60	5	2	2	1
Side of Rice (HI only), 6 FO	1	Serving	60	5	0	0	0	0	0	40	0	0	3
BURGERS & MORE													
BBQ CHICKEN SANDWICH	1	Serving	720	290	32	11	0	155	2220	60	4	22	49

BWW ITEM NAME	Quantity	Measure	Cals (kcal)	FatCals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)
BBQ CHICKEN SANDWICH, SUB BURGER PATTY	1	Serving	980	570	64	25	2	145	3030	54	2	21	48
BBQ CHICKEN SANDWICH, SUB CRISPY CHICKEN	1	Serving	850	390	44	16	1	105	2310	74	6	21	40
BBQ CHICKEN SANDWICH, SUB BLACK BEAN PATTY	1	Serving	760	350	38	12	0.5	40	2130	76	10	23	35
BUFFALO BLUE BURGER, MEDIUM	1	Serving	970	650	72	25	2.5	145	3640	40	3	8	41
BUFFALO BLUE BURER, SUB GRILLED CHICKEN	1	Serving	670	360	41	11	0.5	125	3450	40	3	8	37
BUFFALO BLUE BURGER, SUB CRISPY CHICKEN	1	Serving	830	470	52	16	1	105	2920	60	6	8	32
BUFFALO BLUE BURGER, SUB BLACK BEAN PATTY	1	Serving	750	420	46	12	1	40	2740	62	11	10	27
BIG JACK DADDY BURGER	1	Serving	1250	670	74	30	3	185	3310	90	4	39	59
BIG JACK DADDY BURGER, SUB GRILLED CHICKEN	1	Serving	960	390	43	16	1	165	3310	90	3	38	55
BIG JACK DADDY BURGER, SUB CRISPY CHICKEN	1	Serving	1120	490	54	21	1.5	145	2790	110	7	38	50
BIG JACK DADDY BURGER, SUB BLACK BEAN PATTY	1	Serving	1030	440	49	17	1	80	2610	111	11	40	46
BOSTON LAGER BURGER	1	Serving	1320	990	110	31	3	160	2650	46	5	9	45
BOSTON LAGER BURGER, SUB GRILLED CHICKEN	1	Serving	1050	710	79	17	1	140	2450	47	5	9	41
BOSTON LAGER BURGER, SUB CRISPY CHICKEN	1	Serving	1220	810	90	21	1.5	120	1920	66	8	9	37
BOSTON LAGER BURGER, SUB BLACK BEAN PATTY	1	Serving	1130	760	85	17	1	55	1750	68	13	11	32
BUFFALO RANCH CHICKEN SANDWICH	1	Serving	750	390	44	11	0.5	120	3210	40	2	8	39
BUFFALO RANCH CHICKEN SANDWICH, SUB BURGER PATTY	1	Serving	1000	680	75	25	2.5	140	3410	40	2	8	43
BUFFALO RANCH CHICKEN SANDWICH, SUB GRILLED CHICKEN	1	Serving	710	390	44	11	0.5	120	3210	40	2	8	39
BUFFALO RANCH CHICKEN SANDWICH, SUB BLACK BEAN PATTY	1	Serving	780	450	50	12	1	35	2510	62	10	10	29
CHEESE CURD BACON BURGER	1	Serving	1620	1150	127	46	3.5	220	3760	54	4	10	65
CHEESE CURD BACON BURGER, SUB GRILLED CHICKEN	1	Serving	1320	870	96	32	2	195	3570	55	4	10	61
CHEESE CURD BACON BURGER, SUB CRISPY CHICKEN	1	Serving	1490	970	108	36	2.5	175	3040	74	8	10	56
CHEESE CURD BACON BURGER, SUB BLACK BEAN PATTY	1	Serving	1400	920	102	32	2	110	2860	76	13	12	51
CHEESEBURGER, CHEDDAR CHEESE	1	Serving	810	510	56	23	2	130	2240	37	2	6	41
CHEESEBURGER, NO CHEESE	1	Serving	730	440	49	19	2	110	2100	36	2	6	36
CHEESEBURGER, AMERICAN CHEESE	1	Serving	800	490	54	22	2	125	2400	38	2	7	39
CHEESEBURGER, SWISS CHEESE	1	Serving	810	500	55	22	2	130	2140	37	2	6	42
CHEESEBURGER, PEPPER JACK CHEESE	1	Serving	810	500	56	22	2	130	2240	36	2	6	40
CHEESEBURGER, CHEDDAR JACK SHREDDED, 1 FO	1	Serving	790	480	54	21	2	125	2190	37	2	6	39
CHEESEBURGER, MOZZARELLA SHREDDED, 1 FO	1	Serving	780	470	53	21	2	120	2220	37	2	6	40
CHEESEBURGER, BLUE CHEESE	1	Serving	790	490	54	22	2	125	2340	37	2	6	39
CHEESEBURGER, QUESO, 1 FO	1	Serving	780	480	53	20	2	115	2420	40	2	8	38
CHEESEBURGER, SUB GRILLED CHICKEN, NO CHEESE	1	Serving	430	160	18	4.5	0	85	1910	36	2	6	32
CHEESEBURGER, SUB GRILLED CHICKEN, AMERICAN CHEESE	1	Serving	500	210	23	8	0	100	2200	38	2	7	35
CHEESEBURGER, SUB GRILLED CHICKEN, CHEDDAR CHEESE	1	Serving	520	230	25	8	0	110	2040	37	2	6	37
CHEESEBURGER, SUB GRILLED CHICKEN, PEPPERJACK CHEESE	1	Serving	510	220	24	8	0	105	2050	37	2	6	36
CHEESEBURGER, SUB GRILLED CHICKEN, QUESO, 1 FO	1	Serving	490	190	21	6	0	95	2230	40	2	8	34
CHEESEBURGER, SUB GRILLED CHICKEN, SWISS CHEESE	1	Serving	510	210	24	8	0	105	1940	37	2	6	38
CHEESEBURGER, SUB GRILLED CHICKEN, BLUE CHEESE CRUMBLES, 1 FO	1	Serving	500	210	23	8	0	100	2140	37	2	6	35
CHEESEBURGER, SUB GRILLED CHICKEN, CHEDDAR JACK SHREDDED, 1 FO	1	Serving	490	200	23	7	0	100	2000	37	2	6	35
CHEESEBURGER, SUB GRILLED CHICKEN, PARMESAN CHEESE	1	Serving	480	190	21	6	0	95	2010	37	2	7	36
CHEESEBURGER, SUB GRILLED CHICKEN, MOZZARELLA SHREDDED, 1 FO	1	Serving	480	190	21	7	0	100	2020	37	2	6	36
CHEESEBURGER, SUB CRISPY CHICKEN, NO CHEESE	1	Serving	600	260	29	9	1	65	1380	56	5	6	28
CHEESEBURGER, SUB CRISPY CHICKEN, AMERICAN CHEESE	1	Serving	670	310	34	12	1	80	1680	58	5	7	31
CHEESEBURGER, SUB CRISPY CHICKEN, CHEDDAR CHEESE	1	Serving	680	330	36	13	1	85	1520	57	5	6	33
CHEESEBURGER, SUB CRISPY CHICKEN, PEPPER JACK CHEESE	1	Serving	670	320	36	13	1	85	1520	57	5	6	32
CHEESEBURGER, SUB CRISPY CHICKEN, QUESO, 1 FO	1	Serving	650	300	33	11	1	75	1700	60	5	8	30
CHEESEBURGER, SUB CRISPY CHICKEN, SWISS CHEESE	1	Serving	680	320	35	12	1	85	1410	57	5	6	34
CHEESEBURGER, SUB CRISPY CHICKEN, BLUE CHEESE CRUMBLES, 1 FO	1	Serving	660	310	34	12	1	80	1620	57	6	6	31
CHEESEBURGER, SUB CRISPY CHICKEN, CHEDDAR JACK SHREDDED, 1 FO	1	Serving	650	300	34	12	1	80	1470	57	5	6	31
CHEESEBURGER, SUB CRISPY CHICKEN, PARMESAN CHEESE	1	Serving	640	290	32	11	1	75	1480	57	5	7	31
CHEESEBURGER, SUB CRISPY CHICKEN, MOZZARELLA SHREDDED, 1 FO	1	Serving	650	290	33	11	1	75	1490	57	5	6	32
CHEESEBURGER, SUB BLACK BEAN PATTY, NO CHEESE	1	Serving	510	220	24	5	0	0	1200	58	10	9	23
CHEESEBURGER, SUB BLACK BEAN PATTY, AMERICAN CHEESE	1	Serving	580	260	29	9	0	15	1500	60	10	10	26

BWW ITEM NAME	Quantity	Measure	Cals (kcal)	FatCals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)
CHEESEBURGER, SUB BLACK BEAN PATTY, CHEDDAR CHEESE	1	Serving	590	280	31	9	0.5	20	1340	58	10	9	28
CHEESEBURGER, SUB BLACK BEAN PATTY, PEPPER JACK CHEESE	1	Serving	580	270	30	9	0.5	20	1340	58	10	9	27
CHEESEBURGER, SUB BLACK BEAN PATTY, QUESO, 1 FO	1	Serving	560	250	27	7	0	10	1520	62	10	10	25
CHEESEBURGER, SUB BLACK BEAN PATTY, SWISS CHEESE	1	Serving	590	270	30	9	0.5	20	1240	58	10	9	29
CHEESEBURGER, SUB BLACK BEAN PATTY, BLUE CHEESE CRUMBLES, 1 FO	1	Serving	570	260	29	8	0.5	15	1440	59	10	9	26
CHEESEBURGER, SUB BLACK BEAN PATTY, CHEDDAR JACK SHREDDED, 1 FO	1	Serving	560	260	28	8	0	15	1290	58	10	9	26
CHEESEBURGER, SUB BLACK BEAN PATTY, PARMESAN	1	Serving	550	240	27	7	0	10	1300	58	10	9	26
CHEESEBURGER, SUB BLACK BEAN PATTY, MOZZARELLA SHREDDED, 1 FO	1	Serving	560	250	27	7	0	10	1320	59	10	9	27
SCREAMIN' NACHO BURGER	1	Serving	1020	680	76	26	2.5	135	2550	44	3	7	41
SCREAMIN' NACHO BURGER, SUB GRILLED CHICKEN	1	Serving	720	400	44	12	1	115	2360	45	3	7	37
SCREAMIN' NACHO BURGER, SUB CRISPY CHICKEN	1	Serving	890	500	56	16	1.5	95	1830	64	6	7	33
SCREAMIN' NACHO BURGER, SUB BLACK BEAN PATTY	1	Serving	800	450	50	12	1	30	1650	66	11	10	28
SOUTHWESTERN BLACK BEAN BURGER, CHEDDAR CHEESE	1	Serving	760	440	49	12	1	30	1720	59	10	9	28
SOUTHWESTERN BLACK BEAN BURGER, SUB GRILLED CHICKEN, NO CHEESE	1	Serving	600	320	36	7	0	95	2290	38	2	7	32
SOUTHWESTERN BLACK BEAN BURGER, SUB GRILLED CHICKEN, AMERICAN CHEESE	1	Serving	670	370	41	11	0	110	2580	39	2	8	35
SOUTHWESTERN BLACK BEAN BURGER, SUB GRILLED CHICKEN, CHEDDAR CHEESE	1	Serving	680	380	43	11	0.5	115	2420	38	2	7	38
SOUTHWESTERN BLACK BEAN BURGER, SUB GRILLED CHICKEN, PEPPER JACK CHEESE	1	Serving	670	380	42	11	0.5	115	2430	38	2	7	37
SOUTHWESTERN BLACK BEAN BURGER, SUB GRILLED CHICKEN, QUESO, 1 FO	1	Serving	650	350	39	9	0.5	100	2610	41	2	8	34
SOUTHWESTERN BLACK BEAN BURGER, SUB GRILLED CHICKEN, SWISS CHEESE	1	Serving	680	370	42	11	0.5	115	2320	38	2	7	38
SOUTHWESTERN BLACK BEAN BURGER, SUB GRILLED CHICKEN, BLUE CHEESE CRUMBLES, 1 FO	1	Serving	660	370	41	11	0.5	110	2530	38	2	7	36
SOUTHWESTERN BLACK BEAN BURGER, SUB GRILLED CHICKEN, CHEDDAR JACK SHREDDED, 1 FO	1	Serving	650	360	40	10	0.5	110	2380	38	2	7	36
SOUTHWESTERN BLACK BEAN BURGER, SUB GRILLED CHICKEN, PARMESAN CHEESE	1	Serving	640	350	38	9	0.5	100	2390	38	2	7	36
SOUTHWESTERN BLACK BEAN BURGER, SUB GRILLED CHICKEN, MOZZARELLA SHREDDED, 1 FO	1	Serving	650	350	39	9	0.5	105	2400	38	2	7	36
SOUTHWESTERN BLACK BEAN BURGER, SUB CRISPY CHICKEN, NO CHEESE	1	Serving	760	420	47	12	1	75	1760	57	5	7	28
SOUTHWESTERN BLACK BEAN BURGER, SUB CRISPY CHICKEN, AMERICAN CHEESE	1	Serving	830	470	52	15	1	90	2060	59	5	8	31
SOUTHWESTERN BLACK BEAN BURGER, SUB CRISPY CHICKEN, CHEDDAR CHEESE	1	Serving	850	490	54	16	1.5	95	1900	58	5	7	33
SOUTHWESTERN BLACK BEAN BURGER, SUB CRISPY CHICKEN, PEPPER JACK CHEESE	1	Serving	840	480	53	15	1.5	90	1900	58	5	7	32
SOUTHWESTERN BLACK BEAN BURGER, SUB CRISPY CHICKEN, QUESO, 1 FO	1	Serving	820	450	50	13	1	80	2080	61	6	8	30
SOUTHWESTERN BLACK BEAN BURGER, SUB CRISPY CHICKEN, SWISS CHEESE	1	Serving	840	480	53	15	1	95	1800	58	5	7	34
SOUTHWESTERN BLACK BEAN BURGER, SUB CRISPY CHICKEN, BLUE CHEESE CRUMBLES, 1 FO	1	Serving	820	470	52	15	1	85	2000	58	6	7	31
SOUTHWESTERN BLACK BEAN BURGER, SUB CRISPY CHICKEN, CHEDDAR JACK SHREDDED, 1 FO	1	Serving	820	460	52	14	1	85	1850	58	6	7	31
SOUTHWESTERN BLACK BEAN BURGER, SUB CRISPY CHICKEN, PARMESAN CHEESE	1	Serving	800	450	50	13	1	80	1860	58	5	7	32
SOUTHWESTERN BLACK BEAN BURGER, SUB CRISPY CHICKEN, MOZZARELLA SHREDDED, 1 FO	1	Serving	810	450	50	14	1	85	1870	58	5	7	32
SOUTHWESTERN BLACK BEAN BURGER, SUB BURGER PATTY, NO CHEESE	1	Serving	890	600	67	21	2	115	2480	37	2	7	36
SOUTHWESTERN BLACK BEAN BURGER, SUB BURGER PATTY, AMERICAN CHEESE	1	Serving	960	650	72	25	2	130	2780	39	2	8	39
SOUTHWESTERN BLACK BEAN BURGER, SUB BURGER PATTY, CHEDDAR CHEESE	1	Serving	980	670	74	25	2.5	135	2620	38	2	7	41
SOUTHWESTERN BLACK BEAN BURGER, SUB BURGER PATTY, PEPPER JACK CHEESE	1	Serving	970	660	73	25	2.5	135	2620	38	2	7	40
SOUTHWESTERN BLACK BEAN BURGER, SUB BURGER PATTY, QUESO, 1 FO	1	Serving	950	630	70	23	2.5	120	2810	41	2	8	38
SOUTHWESTERN BLACK BEAN BURGER, SUB BURGER PATTY, SWISS CHEESE	1	Serving	970	660	73	25	2.5	135	2520	38	2	7	42
SOUTHWESTERN BLACK BEAN BURGER, SUB BURGER PATTY, BLUE CHEESE CRUMBLES, 1 FO	1	Serving	960	650	72	25	2.5	130	2720	38	2	7	40
SOUTHWESTERN BLACK BEAN BURGER, SUB BURGER PATTY, CHEDDAR JACK SHREDDED, 1 FO	1	Serving	950	640	72	24	2.5	130	2570	38	2	7	40
SOUTHWESTERN BLACK BEAN BURGER, SUB BURGER PATTY, PARMESAN CHEESE	1	Serving	940	630	70	23	2.5	120	2580	38	2	7	40
SOUTHWESTERN BLACK BEAN BURGER, SUB BURGER PATTY, MOZZARELLA SHREDDED, 1 FO	1	Serving	950	630	70	23	2.5	125	2600	38	2	7	40
WRAPS & SANDWICHES													
BUFFALO RANCH CHICKEN WRAP	1	Serving	910	450	50	17	1.5	85	2890	81	7	6	34
BUFFALO RANCH CHICKEN WRAP, SUB GRILLED CHICKEN	1	Serving	740	340	38	11	0.5	120	3540	61	5	6	41
BAYOU PO'BOY, CHICKEN TENDER	1	Serving	1200	800	89	19	2	95	1910	74	7	10	27
BAYOU PO'BOY, POPCORN SHRIMP	1	Serving	1170	760	85	18	1.5	135	2140	83	9	10	19
GRILLED CHICKEN BUFFALITOS, PLAIN	1	Serving	470	180	20	10	0.5	130	2020	36	2	5	37
GRILLED CHICKEN BUFFALITOS, THAI CURRY	1	Serving	750	430	48	15	1	150	3770	43	3	9	39
CLASSIC CHICKEN WRAP, GRILLED CHICKEN, PLAIN	1	Serving	550	160	18	8	0	110	2270	58	4	5	40
CLASSIC CHICKEN WRAP, GRILLED CHICKEN, THAI CURRY	1	Serving	830	410	46	13	0.5	130	4020	65	5	9	41
HICKORY PULLED PORK SANDWICH	1	Serving	1040	390	43	12	0	95	3500	122	6	69	38
PEPPERJACK STEAK WRAP	1	Serving	980	570	63	20	1	110	3130	61	4	6	42

BWW ITEM NAME	Quantity	Measure	Cals (kcal)	FatCals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)
SOUTHWEST PHILLY	1	Serving	660	290	32	11	0	65	2390	58	3	8	34
CLASSIC CHICKEN WRAP, CRISPY CHICKEN, PLAIN	1	Serving	720	280	31	13	1	75	1610	78	6	5	33
CLASSIC CHICKEN WRAP, CRISPY CHICKEN, THAI CURRY	1	Serving	1000	530	59	18	1.5	95	3370	86	7	9	34
TENDERS & MAC													
CRISPY CHICKEN TENDERS, 2 PIECE, PLAIN	1	Serving	280	120	14	6	0.5	45	510	21	2	0	18
CRISPY CHICKEN TENDERS, 4 PIECE, PLAIN	1	Serving	560	250	28	11	1.5	95	1030	41	4	0	36
CRISPY CHICKEN TENDERS, 6 PIECE, PLAIN	1	Serving	840	370	41	17	2	140	1540	62	6	0	53
CRISPY CHICKEN TENDERS, 4 PIECE, THAI CURRY	1	Serving	840	500	56	16	2	110	2780	49	5	4	37
CRISPY CHICKEN TENDERS, 6 PIECE, THAI CURRY	1	Serving	1260	750	83	25	3	165	4170	73	8	7	55
NAKED TENDERS, 4 PIECE, PLAIN	1	Serving	190	10	1.5	0	0	120	1270	0	0	0	43
NAKED TENDERS, 4 PIECE, THAI CURRY	1	Serving	470	260	29	5	0	140	3030	8	1	4	44
NAKED TENDERS, 6 PIECE, PLAIN	1	Serving	280	20	2	0.5	0	180	1910	0	0	0	65
NAKED TENDERS, 6 PIECE, THAI CURRY	1	Serving	700	390	44	8	0.5	205	4540	12	2	7	67
BUFFALO MAC AND CHEESE, PLAIN	1	Serving	1310	720	80	32	2	140	2750	105	8	4	43
BUFFALO MAC AND CHEESE, HOT SAUCE	1	Serving	1410	790	88	33	2.5	140	4790	110	9	5	44
BUFFALO MAC AND CHEESE, MEDIUM SAUCE	1	Serving	1380	770	86	33	2	150	4790	109	9	5	44
BUFFALO MAC AND CHEESE, MILD SAUCE	1	Serving	1420	810	90	33	2	150	4520	109	9	5	44
GREENS													
CAESAR SIDE SALAD	1	Serving	350	190	21	4.5	0	65	990	31	3	5	8
CHICKEN CAESAR SALAD	1	Serving	720	330	36	8	0	185	2960	58	6	9	41
GARDEN CHICKEN SALAD, GRILLED CHICKEN	1	Serving	800	390	43	9	0.5	95	3260	59	8	14	40
GARDEN CHICKEN SALAD, CRISPY CHICKEN, PLAIN	1	Serving	1100	570	63	17	1.5	75	2790	90	11	14	41
GARDEN CHICKEN SALAD, CRISPY CHICKEN, THAI CURRY	1	Serving	1240	690	77	19	2	85	3660	94	12	16	41
GARDEN CHICKEN SALAD, BLACKENED CHICKEN	1	Serving	830	410	45	9	0.5	120	3160	60	8	14	42
GARDEN SIDE SALAD	1	Serving	390	230	26	5	0	5	1130	30	4	8	7
HONEY BBQ BACON RANCH CHICKEN SALAD	1	Serving	1160	670	74	18	1	145	4260	74	7	40	49
1/2 AVOCADO-DICED	1	Serving	90	80	9	1	0	0	0	5	4	0	1
SANTA FE SALAD, GRILLED CHICKEN	1	Serving	1320	760	85	19	1.5	135	3260	93	16	17	48
SANTA FE SALAD, PULLED PORK	1	Serving	1440	870	97	24	1.5	125	2480	92	16	17	50
BUFFALO CHICKEN SALAD, PLAIN	1	Serving	1090	640	71	19	1.5	90	3180	79	10	10	31
DRESSINGS													
RANCH DRESSING, 1 FO	1	Serving	160	150	17	2.5	0	5	250	1	0	1	0
RANCH DRESSING, 2 FO	1	Serving	320	310	34	5	0.5	10	510	2	0	2	1
RANCH DRESSING, 3 FO	1	Serving	480	460	51	8	1	10	760	3	0	3	1
RANCH DRESSING, 4 FO	1	Serving	640	610	68	10	1	15	1020	5	0	3	1
RANCH DRESSING, 6 FO	1	Serving	950	920	102	15	1.5	25	1530	7	0	5	2
RANCH DRESSING, 8 FO	1	Serving	1270	1220	136	21	2	30	2040	9	1	7	2
RANCH DRESSING, 12 FO	1	Serving	1910	1830	203	31	3	45	3060	14	1	10	3
RANCH DRESSING, 16 FO	1	Serving	2540	2440	271	41	4	60	4080	19	1	14	4
RANCH DRESSING, 24 FO	1	Serving	3810	3660	407	62	6	90	6120	28	2	21	6
BBQ RANCH DRESSING, 1 FO	1	Serving	150	140	16	2.5	0	5	270	3	0	2	0
BBQ RANCH DRESSING, 2 FO	1	Serving	300	280	31	4.5	0	5	540	5	0	4	1
BBQ RANCH DRESSING, 3 FO	1	Serving	450	420	47	7	0.5	10	810	8	0	6	1
BBQ RANCH DRESSING, 4 FO	1	Serving	600	560	62	9	1	15	1080	10	0	8	1
BBQ RANCH DRESSING, 6 FO	1	Serving	910	840	93	14	1.5	20	1620	15	1	12	2
BBQ RANCH DRESSING, 8 FO	1	Serving	1210	1120	124	19	2	25	2150	20	1	16	2
BBQ RANCH DRESSING, 16 FO	1	Serving	2420	2230	248	38	3.5	55	4310	41	2	32	4
LIGHT CAESAR DRESSING, 1 FO	1	Serving	80	60	7	1	0	30	260	5	0	1	1
LIGHT CAESAR DRESSING, 2 FO	1	Serving	170	120	14	2.5	0	60	520	9	0	3	2
LIGHT CAESAR DRESSING, 3 FO	1	Serving	250	180	20	3.5	0	90	780	14	0	4	3
LIGHT CAESAR DRESSING, 4 FO	1	Serving	330	240	27	4.5	0	120	1030	19	0	6	4
LIGHT CAESAR DRESSING, 6 FO	1	Serving	500	360	41	7	0.5	180	1550	28	1	9	5
LIGHT CAESAR DRESSING, 8 FO	1	Serving	660	490	54	9	1	235	2070	37	1	12	7
LIGHT CAESAR DRESSING, 16 FO	1	Serving	1320	970	108	19	1.5	475	4140	75	2	24	15

BWW ITEM NAME	Quantity	Measure	Cals (kcal)	FatCals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)
LIGHT FRENCH, 1 FO	1	Serving	90	50	5	1	0	0	310	10	0	8	0
LIGHT FRENCH, 2 FO	1	Serving	180	100	11	1.5	0	0	620	19	1	16	1
LIGHT FRENCH, 3 FO	1	Serving	270	150	16	2.5	0	0	930	29	1	24	1
LIGHT FRENCH, 4 FO	1	Serving	350	200	22	3.5	0	0	1240	38	1	32	1
LIGHT FRENCH, 6 FO	1	Serving	530	290	33	5	0	0	1870	58	2	48	2
LIGHT FRENCH, 8 FO	1	Serving	710	390	44	7	0.5	0	2490	77	2	65	2
LIGHT FRENCH, 16 FO	1	Serving	1410	790	87	13	1.5	0	4980	153	5	129	5
LEMON VINAIGRETTE, 1 FO	1	Serving	90	80	9	1.5	0	0	250	2	0	1	0
LEMON VINAIGRETTE, 2 FO	1	Serving	180	160	18	2.5	0	0	490	3	0	3	0
LEMON VINAIGRETTE, 3 FO	1	Serving	270	250	27	4	0	0	740	5	0	4	0
LEMON VINAIGRETTE, 4 FO	1	Serving	360	330	36	5	0	0	990	6	1	5	0
LEMON VINAIGRETTE, 6 FO	1	Serving	530	490	54	8	0.5	0	1480	9	1	8	0
LEMON VINAIGRETTE, 8 FO	1	Serving	710	650	73	11	1	0	1980	13	1	10	1
LEMON VINAIGRETTE, 16 FO	1	Serving	1420	1310	145	22	2	0	3950	25	2	20	1
CILANTRO LIME RANCH, 1 FO	1	Serving	160	160	17	2.5	0	5	280	2	0	1	0
CILANTRO LIME RANCH, 2 FO	1	Serving	330	310	34	5	0.5	10	560	3	0	2	1
CILANTRO LIME RANCH, 3 FO	1	Serving	490	470	52	8	1	10	850	5	0	3	1
CILANTRO LIME RANCH, 4 FO	1	Serving	650	620	69	10	1	15	1130	6	1	4	1
CILANTRO LIME RANCH, 6 FO	1	Serving	980	930	103	16	1.5	25	1690	9	1	6	2
CILANTRO LIME RANCH, 8 FO	1	Serving	1300	1240	138	21	2	30	2260	13	1	8	2
CILANTRO LIME RANCH, 16 FO	1	Serving	2610	2480	276	42	4	60	4510	25	2	16	5
BUFFALO BLUE CHEESE DRESSING, 1 FO	1	Serving	130	120	13	2.5	0	15	450	1	0	1	1
BUFFALO BLUE CHEESE DRESSING, 2 FO	1	Serving	250	230	26	4.5	0	30	910	3	0	2	2
BUFFALO BLUE CHEESE DRESSING, 3 FO	1	Serving	380	350	39	7	0.5	40	1360	4	1	2	3
BUFFALO BLUE CHEESE DRESSING, 4 FO	1	Serving	500	470	52	9	1	55	1810	6	1	3	3
BUFFALO BLUE CHEESE DRESSING, 6 FO	1	Serving	760	700	78	14	1	85	2720	8	1	5	5
BUFFALO BLUE CHEESE DRESSING, 8 FO	1	Serving	1010	940	104	19	1.5	115	3630	11	2	6	7
BUFFALO BLUE CHEESE DRESSING, 16 FO	1	Serving	2020	1870	208	38	3.5	225	7260	23	3	12	14
SOUTHWESTERN RANCH DRESSING, 1 FO	1	Serving	170	160	18	2.5	0	5	380	1	0	1	0
SOUTHWESTERN RANCH DRESSING, 2 FO	1	Serving	330	320	35	5	0.5	15	760	2	0	1	1
SOUTHWESTERN RANCH DRESSING, 3 FO	1	Serving	500	480	53	8	1	20	1140	3	0	2	1
SOUTHWESTERN RANCH DRESSING, 4 FO	1	Serving	660	640	71	11	1	25	1520	5	1	3	1
SOUTHWESTERN RANCH, 6 FO	1	Serving	990	950	106	16	1.5	40	2290	7	1	4	2
SOUTHWESTERN RANCH DRESSING, 8 FO	1	Serving	1320	1270	141	22	2	50	3050	9	1	6	3
SOUTHWESTERN RANCH DRESSING, 16 FO	1	Serving	2640	2540	282	43	4.5	100	6100	18	3	11	5
FAT FREE RANCH DRESSING, 1 FO	1	Serving	25	0	0	0	0	0	280	6	0	2	0
FAT FREE RANCH DRESSING, 2 FO	1	Serving	50	0	0	0	0	0	550	12	1	5	1
FAT FREE RANCH DRESSING, 3 FO	1	Serving	70	0	0	0	0	0	830	17	1	7	1
FAT FREE RANCH DRESSING, 4 FO	1	Serving	100	0	0	0	0	0	1100	23	2	10	1
FAT FREE RANCH DRESSING, 6 FO	1	Serving	150	5	0	0	0	0	1660	35	3	15	2
FAT FREE RANCH DRESSING, 8 FO	1	Serving	200	5	0.5	0	0	0	2210	46	4	20	2
FAT FREE RANCH DRESSING, 16 FO	1	Serving	400	10	1	0.5	0	5	4410	93	8	40	5
TZATZIKI DRESSING, 1 FO	1	Serving	130	120	14	2.5	0	15	200	1	0	1	1
TZATZIKI DRESSING, 2 FO	1	Serving	260	250	27	5	0	30	400	2	0	1	2
TZATZIKI DRESSING, 3 FO	1	Serving	390	370	41	8	0.5	45	590	3	0	2	3
TZATZIKI DRESSING, 4 FO	1	Serving	520	490	55	10	1	60	790	4	1	2	4
TZATZIKI DRESSING, 6 FO	1	Serving	780	740	82	15	1	90	1190	6	1	3	6
TZATZIKI DRESSING, 8 FO	1	Serving	1050	980	109	20	1.5	115	1590	8	1	4	8
TZATZIKI DRESSING, 16 FO	1	Serving	2090	1970	219	40	3	235	3170	15	2	8	15
BLUE CHEESE DRESSING, 1 FO	1	Serving	140	130	15	2.5	0	15	270	1	0	1	1
BLUE CHEESE DRESSING, 2 FO	1	Serving	280	260	29	5	0	30	540	2	0	2	2
BLUE CHEESE DRESSING, 3 FO	1	Serving	420	390	44	8	0.5	45	820	3	0	2	3
BLUE CHEESE DRESSING, 4 FO	1	Serving	560	530	59	11	1	65	1090	4	0	3	4
BLUE CHEESE DRESSING, 6 FO	1	Serving	840	790	88	16	1.5	95	1630	6	1	5	6

BWW ITEM NAME	Quantity	Measure	Cals (kcal)	FatCals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)
BLUE CHEESE DRESSING, 8 FO	1	Serving	1120	1050	117	22	2	125	2180	8	1	7	8
BLUE CHEESE DRESSING, 12 FO	1	Serving	1670	1580	176	32	3	190	3270	12	1	10	12
BLUE CHEESE DRESSING, 16 FO	1	Serving	2230	2110	234	43	4	250	4360	16	2	13	16
BLUE CHEESE DRESSING, 24 FO	1	Serving	3350	3160	351	65	6	375	6540	25	2	20	24
SWEET SPOT													
CHEESE CAKE BITES WITH CARAMEL SAUCE	1	Serving	580	200	22	12	1	75	530	89	2	50	6
CHEESE CAKE BITES WITH CHOCOLATE SAUCE	1	Serving	520	200	22	12	1	70	480	77	2	46	6
DESSERT NACHOS	1	Serving	2100	1070	119	64	5	285	1660	230	5	125	29
LOADED ICE CREAM WITH 8-2016 CINNAMON SUGAR TORTILLA	1	Serving	470	170	19	11	0.5	55	310	70	1	51	6
MINI CHOCOLATE FUDGE CAKE	1	Serving	250	80	8	3.5	0	10	135	43	1	37	2
CHOCOLATE FUDGE CAKE	1	Serving	630	250	28	14	0.5	70	310	89	1	74	8
CHOCOLATE SYRUP, 2 FO	1	Serving	140	5	1	0	0	0	60	32	0	29	1
CARAMEL SYRUP, 2 FO	1	Serving	190	10	1	0.5	0	5	110	44	0	33	1
LITTLE BUFFALOS													
KIDS' MEAL: BONELESS WINGS, PLAIN	1	Serving	290	130	15	6	0.5	35	670	24	2	0	15
KIDS' MEAL: BONELESS WINGS, THAI CURRY	1	Serving	430	260	29	8	1	45	1550	27	3	2	16
KIDS' MEAL: CARROT STICKS, 6 COUNT, NO DRESSING	1	Serving	25	0	0	0	0	0	45	6	2	3	1
KIDS' MEAL: CHEESE FLATBREAD	1	Serving	360	160	18	10	0	35	680	33	2	3	17
KIDS' MEAL: HAMBURGER	1	Serving	550	320	36	13	1	65	1540	34	1	5	23
KIDS' MEAL: CHEESEBURGER, AMERICAN	1	Serving	620	370	41	16	1	80	1840	36	1	6	26
KIDS' MEAL: CHEESEBURGER, SWISS	1	Serving	630	370	42	16	1.5	85	1580	34	1	5	29
KIDS' MEAL: CHEESEBURGER, PEPPER JACK	1	Serving	620	380	42	16	1.5	85	1680	34	1	5	27
KIDS' MEAL: CHEESEBURGER, SHREDDED CHEDDAR JACK	1	Serving	600	360	40	15	1.5	80	1630	35	1	5	26
KIDS' MEAL: CHEESEBURGER, PARMESAN	1	Serving	590	350	38	14	1.5	70	1640	34	1	5	26
KIDS' MEAL: CHEESEBURGER, MOZZARELLA SHREDDED	1	Serving	600	350	39	15	1.5	75	1660	35	1	5	27
KIDS' MEAL: CHEESEBURGER, BLUE CHEESE	1	Serving	610	370	41	16	1.5	75	1780	35	1	5	26
KIDS' MEAL: CHEESEBURGER, QUESO	1	Serving	600	350	39	14	1.5	70	1870	38	1	6	25
KIDS' MEAL: CRISPY CHICKEN TENDERS	1	Serving	420	190	21	9	1	70	770	31	3	0	27
KIDS' MEAL: CRISPY CHICKEN TENDERS, THAI CURRY	1	Serving	700	440	49	14	1.5	90	2530	39	4	4	28
KIDS' MEAL: MACARONI & CHEESE	1	Serving	540	260	28	17	1	75	1130	52	4	1	19
KIDS' MEAL: MINI CORN DOGS	1	Serving	310	180	20	7	1	45	600	24	2	6	8
KIDS' MEAL: NAKED TENDERS, PLAIN	1	Serving	140	10	1	0	0	90	950	0	0	0	32
KIDS' MEAL: NAKED TENDERS, THAI CURRY	1	Serving	420	260	29	5	0	110	2710	8	1	4	34
KIDS' MEAL: TRADITIONAL WINGS, PLAIN	1	Serving	270	140	15	5	0	145	140	0	0	0	33
KIDS' MEAL: TRADITIONAL WINGS, THAI CURRY	1	Serving	340	200	22	6	0	150	580	2	0	1	33
MANDARIN ORANGES	1	Serving	40	0	0	0	0	0	0	9	1	9	0
ADD ONS													
AMERICAN CHEESE, .5 SLICE	1	Serving	35	20	2.5	1.5	0	5	150	1	0	0	1
AMERICAN CHEESE, 1 SLICE	1	Serving	70	45	5	3.5	0	15	300	2	0	1	3
AMERICAN CHEESE, 2 SLICES	1	Serving	140	90	10	7	0	30	590	4	0	2	6
AMERICAN CHEESE, 3 SLICES	1	Serving	210	130	15	10	0	45	890	6	0	3	9
AMERICAN CHEESE, 4 SLICES	1	Serving	280	180	20	14	0	60	1190	8	0	4	12
AMERICAN CHEESE, 6 SLICES	1	Serving	420	270	30	21	0	90	1780	12	0	6	18
AMERICAN CHEESE, 12 SLICES	1	Serving	830	530	59	42	0	180	3560	24	0	12	36
DICED CHICKEN, 2 FO	1	Serving	50	5	0	0	0	40	580	0	0	0	12
DICED CHICKEN, 4 FO	1	Serving	110	10	1	0	0	80	1170	0	0	0	25
BACON, 1 SLICE	1	Serving	35	25	2.5	1	0	15	180	0	0	0	2
BACON, 2 SLICES	1	Serving	70	50	5	2	0	30	370	1	0	1	4
BLACK BEAN BURGER PATTY	1	Serving	490	190	21	4	0	0	980	59	11	8	23
BLEU CHEESE CRUMBLES, .5 FO	1	Serving	30	25	2.5	1.5	0	5	120	0	0	0	2
BLEU CHEESE CRUMBLES, 1 FO	1	Serving	60	45	5	3.5	0	15	240	1	0	0	4
BLEU CHEESE CRUMBLES, 2 FO	1	Serving	130	90	10	7	0	30	480	1	1	0	7
BLEU CHEESE CRUMBLES, 3 FO	1	Serving	190	140	15	10	0.5	40	710	2	1	0	11
BLEU CHEESE CRUMBLES, 4 FO	1	Serving	250	180	20	14	0.5	55	950	3	1	0	14

BWW ITEM NAME	Quantity	Measure	Cals (kcal)	FatCals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)
BLEU CHEESE CRUMBLES, 6 FO	1	Serving	380	270	30	20	1	85	1430	4	2	0	21
BLEU CHEESE CRUMBLES, 8 FO	1	Serving	500	370	41	27	1.5	110	1910	6	3	0	28
BLEU CHEESE CRUMBLES, 18 FO	1	Serving	1130	820	91	61	3	250	4290	13	6	0	63
BURGER PATTY WITH SEASONING	1	Serving	410	290	32	14	2	110	1440	0	0	0	30
CHEDDAR, .5 SLICE	1	Serving	45	30	3.5	2	0	10	70	0	0	0	3
CHEDDAR, 1 SLICE	1	Serving	90	60	7	4	0	20	135	0	0	0	5
CHEDDAR, 2 SLICES	1	Serving	170	130	14	8	0	40	270	1	0	0	11
CHEDDAR, 3 SLICES	1	Serving	260	190	21	12	0.5	65	410	1	0	0	16
CHEDDAR, 4 SLICES	1	Serving	340	250	28	16	1	85	540	2	0	0	21
CHEDDAR, 6 SLICES	1	Serving	510	380	42	24	1.5	125	810	3	0	0	32
CHEDDAR, 12 SLICES	1	Serving	1030	750	84	48	3	250	1630	5	0	0	63
CHILI, 1 FO	1	Serving	60	30	3	1.5	0	10	180	3	1	1	4
CHILI, 8 FO	1	Serving	460	230	26	11	0	85	1480	23	6	6	32
FRESH JALAPENOS, 4 SLICES	1	Serving	5	0	0	0	0	0	0	1	0	1	0
PICO, 1 FO	1	Serving	10	0	0	0	0	0	95	2	0	1	0
PICO, 2 FO	1	Serving	15	0	0	0	0	0	190	3	1	2	1
PICO, 3 FO	1	Serving	25	0	0	0	0	0	290	5	1	3	1
PICO, 4 FO	1	Serving	30	0	0	0	0	0	380	7	2	4	1
PICO, 6 FO	1	Serving	45	5	0	0	0	0	570	10	3	6	2
SHREDDED LETTUCE, 2 FO	1	Serving	5	0	0	0	0	0	0	1	0	0	0
SHREDDED LETTUCE, 4 FO	1	Serving	5	0	0	0	0	0	0	1	0	1	0
FOCACCIA CROUTONS, 1 FO	1	Serving	60	15	1.5	0	0	0	140	9	0	0	1
FOCACCIA CROUTONS, 2 FO	1	Serving	110	30	3	0	0	0	280	17	1	0	3
FOCACCIA CROUTONS, 8 FO	1	Serving	450	110	13	1	0	0	1110	69	2	1	11
WEDGED TOMATO, 2 EACH	1	Serving	10	0	0	0	0	0	0	2	1	1	0
WEDGED TOMATO, 8 EACH	1	Serving	40	5	0	0	0	0	10	9	3	6	2
CUCUMBER SLICES, 2 EACH	1	Serving	0	0	0	0	0	0	0	0	0	0	0
RED ONION RINGS, 2 EACH	1	Serving	5	0	0	0	0	0	0	1	0	0	0
RED PEPPER STRIPS, 2 EACH	1	Serving	0	0	0	0	0	0	0	0	0	0	0
RED PEPPER STRIPS, 8 EACH	1	Serving	10	0	0	0	0	0	0	2	1	1	0
DICED TOMATO, 2 FO	1	Serving	10	0	0	0	0	0	0	2	1	1	0
SPICY MUSTARD, 2 FO	1	Serving	60	35	3.5	0	0	0	570	4	2	0	3
HAMBURGER BUN, TOASTED	1	Serving	300	130	14	3	0	0	440	38	2	6	6
HOAGIE ROLL TOASTED, 1 ROLL	1	Serving	350	160	17	5	0	0	690	41	2	4	7
LETTUCE, 4 FO	1	Serving	5	0	0	0	0	0	0	1	1	1	0
MAYONNAISE, 1 FO	1	Serving	200	190	21	3.5	0	15	15	2	0	1	0
COLESLAW, 2 FO	1	Serving	80	50	6	1	0	5	150	5	2	3	1
COLESLAW, 4 FO	1	Serving	160	110	12	2	0	10	300	10	3	7	2
CILANTRO, 9 LEAVES	1	Serving	0	0	0	0	0	0	0	0	0	0	0
CHICKEN BREAST WITH SEASONING	1	Serving	150	30	3	1	0	120	540	1	0	0	29
PEPPER JACK, 0.5 SLICE	1	Serving	40	30	3	2	0	10	70	0	0	0	2
PEPPER JACK, 1 SLICE	1	Serving	80	60	6	4	0	20	140	0	0	0	4
PEPPER JACK, 2 SLICES	1	Serving	150	120	13	8	0	40	280	1	0	0	9
PEPPER JACK, 3 SLICES	1	Serving	230	170	19	11	0.5	60	420	1	0	0	13
PEPPER JACK, 4 SLICES	1	Serving	310	230	26	15	1	75	560	1	0	0	17
PEPPER JACK, 6 SLICES	1	Serving	460	350	38	23	1.5	115	840	2	0	0	26
PEPPER JACK, 12 SLICES	1	Serving	920	690	77	45	3	230	1670	4	0	0	52
PICKLE SPEAR	1	Serving	0	0	0	0	0	0	100	0	0	0	0
PRIME RIB, 2.5 OZ	1	Serving	90	30	3.5	2	0	30	510	1	0	0	12
PULLED PORK, NO SAUCE, 2 OZ	1	Serving	120	60	7	2.5	0	40	230	0	0	0	14
RED ONION, 2 RINGS	1	Serving	5	0	0	0	0	0	0	1	0	0	0
SALSA, 2 FO	1	Serving	30	5	1	0	0	0	370	5	1	2	1
SALSA, 3 FO	1	Serving	40	10	1	0	0	0	540	7	2	4	1
SALSA, 6 FO	1	Serving	80	20	2.5	0	0	0	1090	13	3	7	3

BWW ITEM NAME	Quantity	Measure	Cals (kcal)	FatCals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)
SALSA, 16 FO	1	Serving	220	60	6	1	0	5	2910	36	9	19	7
HOAGIE ROLL, NON TOASTED	1	Serving	230	30	3.5	2	0	0	640	41	2	4	7
SOUR CREAM, 1 FO	1	Serving	60	50	5	3.5	0	20	30	2	0	1	1
SOUR CREAM, 2 FO	1	Serving	120	100	11	7	0	40	60	4	0	2	2
SWISS, .5 SLICE	1	Serving	40	25	3	2	0	10	15	0	0	0	3
SWISS, 1 SLICE	1	Serving	80	50	6	3.5	0	20	35	0	0	0	6
SWISS, 2 SLICES	1	Serving	160	110	12	7	0	40	70	1	0	0	12
SWISS, 3 SLICES	1	Serving	240	160	18	11	0.5	60	105	1	0	0	18
SWISS, 4 SLICES	1	Serving	320	210	23	14	1	80	140	2	0	0	25
SWISS, 6 SLICES	1	Serving	470	320	35	21	1.5	120	210	3	0	0	37
SWISS, 12 SLICES	1	Serving	950	630	70	42	2.5	240	410	6	0	0	74
TOMATO, 2 SLICES	1	Serving	10	0	0	0	0	0	0	2	1	1	0
CRISPY CHICKEN BREAST	1	Serving	280	110	12	5	0.5	65	720	20	3	0	22
PICKLE CHIPS, 1 OZ	1	Serving	5	0	0	0	0	0	500	0	0	0	0
BEER BRAISED MUSHROOMS, 3 OZ	1	Serving	35	5	0	0	0	0	240	6	2	1	2
BACON BITS, 1 FO	1	Serving	60	40	4.5	2	0	20	230	0	0	0	5
BACON BITS, 2 FO	1	Serving	130	80	9	3.5	0	40	470	1	0	0	10
BACON BITS, 8 FO	1	Serving	510	330	37	14	0	155	1880	4	1	1	41
QUESO, .5 FO	1	Serving	25	15	1.5	1	0	5	160	2	0	1	1
QUESO, 1 FO	1	Serving	50	30	3.5	1.5	0	5	320	4	0	1	2
QUESO, 2 FO	1	Serving	110	60	7	3.5	0	15	640	7	0	2	4
QUESO, 3 FO	1	Serving	160	90	10	5	0	20	970	11	0	3	6
QUESO, 4 FO	1	Serving	220	130	14	7	0	30	1290	15	1	4	8
QUESO, 6 FO	1	Serving	330	190	21	10	0.5	40	1930	22	1	6	12
QUESO, 8 FO	1	Serving	440	250	28	14	1	55	2580	29	1	8	16
QUESO, 18 FO	1	Serving	980	560	63	31	2	125	5800	66	2	19	37
SHREDDED CHEDDAR JACK, .5 FO	1	Serving	30	20	2.5	1.5	0	5	45	0	0	0	2
SHREDDED CHEDDAR JACK, 1 FO	1	Serving	60	40	4.5	2.5	0	15	90	1	0	0	3
SHREDDED CHEDDAR JACK, 2 FO	1	Serving	110	80	9	5	0	30	180	1	0	0	7
SHREDDED CHEDDAR JACK, 3 FO	1	Serving	170	120	14	8	0	40	270	2	0	0	10
SHREDDED CHEDDAR JACK, 4 FO	1	Serving	230	160	18	10	0.5	55	360	3	1	0	14
SHREDDED CHEDDAR JACK, 6 FO	1	Serving	340	240	27	15	1	85	540	4	1	0	21
SHREDDED CHEDDAR JACK, 8 FO	1	Serving	450	320	36	20	1.5	115	720	5	1	0	28
SHREDDED CHEDDAR JACK, 18 FO	1	Serving	1010	730	81	46	3	255	1620	12	2	0	62
SHAVED PARMESAN, .5 FO	1	Serving	20	10	1.5	1	0	5	50	0	0	0	2
SHAVED PARMESAN, 1 FO	1	Serving	40	25	2.5	1.5	0	5	100	1	0	0	4
SHAVED PARMESAN, 2 FO	1	Serving	80	50	5	3.5	0	15	200	1	0	0	8
SHAVED PARMESAN, 3 FO	1	Serving	130	70	8	5	0	20	300	2	0	0	11
SHAVED PARMESAN, 4 FO	1	Serving	170	100	11	7	0	30	400	2	0	0	15
SHAVED PARMESAN, 6 FO	1	Serving	250	150	16	10	0.5	40	600	3	1	1	23
SHAVED PARMESAN, 8 FO	1	Serving	340	190	22	14	1	55	800	4	1	1	30
PICKLED RED ONIONS, CHOPPED, .5 FO	1	Serving	5	0	0	0	0	0	120	1	0	1	0
PICKLED RED ONIONS, CHOPPED, 1 FO	1	Serving	15	0	0	0	0	0	280	3	0	2	0
PICKLED RED ONIONS, CHOPPED, 2 FO	1	Serving	25	0	0	0	0	0	550	5	0	4	0
SHREDDED PIZZA BLEND, .5 FO	1	Serving	25	15	1.5	1	0	5	55	0	0	0	2
SHREDDED PIZZA BLEND, 1 FO	1	Serving	50	30	3.5	2	0	10	115	1	0	0	4
SHREDDED PIZZA BLEND, 2 FO	1	Serving	100	60	7	4.5	0	20	230	2	0	0	8
SHREDDED PIZZA BLEND, 3 FO	1	Serving	150	90	10	6	0	30	340	3	0	0	12
SHREDDED PIZZA BLEND, 4 FO	1	Serving	210	120	13	9	0	40	460	4	0	0	17
SHREDDED PIZZA BLEND, 6 FO	1	Serving	310	180	20	13	0.5	65	680	6	0	0	25
SHREDDED PIZZA BLEND, 8 FO	1	Serving	410	240	27	17	1	85	910	7	1	0	33
SHREDDED PIZZA BLEND, 18 FO	1	Serving	920	540	60	39	2	190	2050	17	1	0	75
GARLIC TOAST, 1 ROLL	1	Serving	480	280	31	8	0	0	1150	42	2	4	7
GARLIC TOAST, 1/2 ROLL	1	Serving	240	140	16	4	0	0	570	21	1	2	4

BWW ITEM NAME	Quantity	Measure	Cals (kcal)	FatCals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)
GARLIC TOAST, 1/4 ROLL	1	Serving	120	70	8	2	0	0	290	10	1	1	2
FAST BREAK LUNCH													
BONELESS WINGS, PLAIN, SMALL	1	Serving	790	370	41	16	1.5	95	1840	65	5	0	42
BONELESS WINGS, PLAIN, SNACK	1	Serving	500	230	26	10	1	60	1170	41	3	0	26
BONELESS WINGS, THAI CURRY, SMALL	1	Serving	1080	620	69	21	2	115	3590	73	7	4	43
BONELESS WINGS, THAI CURRY, SNACK	1	Serving	720	420	47	14	1.5	75	2490	47	4	3	27
CHEESEBURGER, BLUE CHEESE	1	Serving	790	460	52	21	2	125	2340	41	4	8	41
CHEESEBURGER, CHEDDAR	1	Serving	810	480	54	22	2	130	2240	41	3	8	42
CHEESEBURGER, QUESO	1	Serving	780	480	53	20	2	115	2420	40	2	8	38
GRILLED CHICKEN GARDEN SALAD, PLAIN	1	Serving	440	240	26	5	0	45	1710	30	4	8	19
GRILLED CHICKEN GARDEN SALAD, THAI CURRY	1	Serving	580	360	40	8	0.5	55	2590	34	5	10	20
CRISPY CHICKEN GARDEN SALAD, PLAIN	1	Serving	660	360	39	11	1	50	1640	51	6	8	25
CRISPY CHICKEN GARDEN SALAD, THAI CURRY	1	Serving	810	480	53	13	1.5	60	2520	55	7	10	25
GARDEN SALAD	1	Serving	390	230	26	5	0	5	1130	30	4	8	7
GRILLED CHICKEN BUFFALITOS, PLAIN	1	Serving	240	90	10	4.5	0	75	690	18	1	3	19
GRILLED CHICKEN BUFFALITOS, THAI	1	Serving	380	210	24	7	0	85	1570	22	2	5	20
HONEY BBQ BACON RANCH CHICKEN SALAD	1	Serving	650	400	44	10	0.5	70	2230	38	3	21	23
LOADED CHILI, CUP	1	Serving	430	240	27	13	0	90	1290	18	5	6	28
LOADED CHLI, BOWL	1	Serving	870	480	53	25	0	175	2580	37	10	11	57
TRADITIONAL WINGS THAI	1	Serving	370	220	25	7	0	155	760	3	0	2	33
HICKORY PULLED PORK SANDWICH	1	Serving	1040	390	43	12	0	95	3500	122	6	69	38
NAKED TENDERS, PLAIN	1	Serving	190	10	1.5	0	0	120	1270	0	0	0	43
NAKED TENDERS, THAI CURRY	1	Serving	470	260	29	5	0	140	3030	8	1	4	44
TRADITIONAL WINGS, PLAIN, SMALL	1	Serving	670	340	38	13	1	370	350	0	0	0	82
TRADITIONAL WINGS PLAIN, SNACK	1	Serving	330	170	19	6	0	185	170	0	0	0	41
TRADITIONAL WINGS, SNACK, THAI CURRY	1	Serving	460	280	31	9	0.5	190	940	3	1	2	42
TRADITIONAL WINGS, SMALL, THAI CURRY	1	Serving	880	520	58	16	1	380	1640	6	1	3	83
ADD ON TRADITIONAL WINGS, THAI CURRY	1	Serving	370	220	25	7	0	155	760	3	0	2	33
ADD ON BONELESS WINGS, THAI CURRY	1	Serving	410	240	27	8	1	40	1410	27	2	2	16
ADD ON BONELESS WINGS, PLAIN	1	Serving	290	130	15	6	0.5	35	670	24	2	0	15
ADD ON TRADITIONAL WINGS, PLAIN	1	Serving	270	140	15	5	0	145	140	0	0	0	33
PARTY MENU													
BAKED MAC & CHEESE	1	Serving	4710	2680	298	139	7	625	9150	357	29	11	147
BONELESS WINGS, 100 COUNT, PLAIN	1	Serving	7190	3320	369	145	15	865	16710	590	48	0	377
BONELESS WINGS, 100 COUNT, THAI CURRY	1	Serving	10210	5990	665	198	19	1055	35350	671	61	47	391
BONELESS WINGS, 150 COUNT, PLAIN	1	Serving	10790	4990	554	217	23	1300	25070	885	72	0	566
BONELESS WINGS, 150 COUNT, THAI CURRY	1	Serving	15310	8980	998	297	29	1585	53020	1006	92	71	586
BONELESS WINGS, 50 COUNT, PLAIN	1	Serving	3600	1660	185	72	8	435	8360	295	24	0	189
BONELESS WINGS, 50 COUNT, THAI CURRY	1	Serving	5100	2990	333	99	10	530	17670	335	31	24	195
CAESAR SALAD	1	Serving	1250	660	73	14	1	250	3400	119	11	17	30
GARDEN SALAD	1	Serving	2120	1480	164	26	2.5	15	5960	127	17	37	27
CELERY & CARROTS	1	Serving	80	5	0.5	0	0	0	250	18	7	9	3
CELERY & CARROTS	1	Serving	170	10	1.5	0	0	0	500	37	14	18	5
CELERY & CARROTS	1	Serving	250	20	2	0	0	0	750	55	20	26	8
CELERY	1	Serving	60	5	0.5	0	0	0	320	12	6	5	3
CELERY	1	Serving	120	10	1.5	0	0	0	650	24	13	11	6
CELERY	1	Serving	180	20	2	0.5	0	0	970	36	19	16	8
CARROTS	1	Serving	100	5	0.5	0	0	0	180	25	7	12	2
CARROTS	1	Serving	200	10	1	0	0	0	350	49	14	24	5
CARROTS	1	Serving	300	15	2	0	0	0	530	74	22	36	7
CHEESECAKE BITES WITH CARAMEL SAUCE	1	Serving	2310	790	88	49	3.5	290	2130	357	9	200	23
CHEESECAKE BITES WITH CHOCOLATE SAUCE	1	Serving	2100	780	87	48	3.5	275	1930	309	10	183	25
CHICKEN QUESADILLA	1	Serving	1040	490	54	28	1.5	245	3290	81	7	12	59
CHILI QUESO DIP	1	Serving	4130	1930	215	95	7	325	11910	433	42	37	114

BWW ITEM NAME	Quantity	Measure	Cals (kcal)	FatCals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)
CHIPS & SALSA	1	Serving	1770	680	76	30	3.5	50	4430	246	29	20	28
CHOCOLATE CAKE	1	Serving	4840	2020	225	96	1.5	320	2940	704	13	576	43
COLESLAW	1	Serving	1500	990	110	17	1.5	110	2760	89	28	60	20
CRISPY CHICKEN TENDERS, PLAIN	1	Serving	3480	1550	173	72	9	585	6420	259	25	0	223
CRISPY CHICKEN TENDERS, THAI CURRY	1	Serving	4330	2310	256	87	10	635	11690	281	29	13	226
CRISPY WRAPS, PLAIN	1	Serving	4490	1690	188	82	6	445	10250	503	38	30	203
CRISPY WRAPS, THAI CURRY	1	Serving	6190	3190	355	112	9	550	20780	549	45	57	210
GARDEN CRASHER	1	Serving	3170	2250	250	58	4.5	160	6150	194	26	28	44
MINI CORN DOGS	1	Serving	3100	1520	168	60	7	360	11170	323	18	159	73
CHICKEN GRILLED WRAPS, PLAIN	1	Serving	3620	1090	122	53	2	805	10100	384	26	30	253
CHICKEN GRILLED WRAPS, THAI CURRY	1	Serving	5320	2600	289	83	4.5	910	20630	430	33	57	260
NAKED CHICKEN TENDERS, PLAIN	1	Serving	1160	80	8	3	0	750	7950	1	0	0	269
NAKED CHICKENTENDERS, THAI CURRY	1	Serving	2010	830	92	18	1	800	13220	24	4	13	273
TENDERS COMBO, PLAIN	1	Serving	2370	840	94	39	5	665	7160	135	13	0	245
TENDERS COMBO, THAI CURRY	1	Serving	3220	1600	178	54	6	715	12420	158	17	13	249
PARTY SAMPLER	1	Serving	4800	2860	318	104	11	165	11190	391	26	54	96
POTATO WEDGES, PLAIN	1	Serving	2240	1010	113	50	7	95	6190	270	36	4	36
POTATO WEDGES, SHREDDED JACK/CHEDDAR	1	Serving	3230	1740	194	104	7	320	7900	270	36	4	99
POTATO WEDGES, WITH BACON	1	Serving	2750	1340	149	65	7	250	8070	274	37	5	76
POTATO WEDGES, WITH BACON & QUESO	1	Serving	3180	1590	177	78	8	305	10650	303	38	14	93
POTATO WEDGES, WITH BACON & SHREDDED CHEDDAR JACK	1	Serving	3740	2070	230	119	7	475	9780	274	37	5	139
POTATO WEDGES, WITH BACON & SLICED CHEDDAR	1	Serving	3790	2110	235	114	10	505	9730	279	37	6	141
POTATO WEDGES, WITH QUESO	1	Serving	2670	1260	140	64	7	150	8770	299	37	13	52
POTATO WEDGES, WITH SL CHEDDAR	1	Serving	3280	1780	198	100	9	350	7850	275	36	5	100
PULLED PORK, PLAIN	1	Serving	4290	1990	221	66	0.5	655	7290	302	20	49	274
PULLED PORK, THAI CURRY	1	Serving	7700	5000	555	126	5	865	28350	394	35	102	289
SOFT PRETZELS	1	Serving	2570	540	60	28	1	55	4760	415	14	54	83
SOUTHWEST PLATTER	1	Serving	2970	1250	139	63	3.5	715	9460	257	19	62	180
TRADITIONAL WINGS, 100 COUNT, PLAIN	1	Serving	6690	3400	378	128	8	3680	3500	0	0	0	823
TRADITIONAL WINGS, 100 COUNT, THAI CURRY	1	Serving	9180	5600	623	172	11	3840	18880	67	11	39	834
TRADITIONAL WINGS, 150 COUNT, PLAIN	1	Serving	10040	5100	567	192	11	5525	5250	0	0	0	1234
TRADITIONAL WINGS, 150 COUNT, THAI CURRY	1	Serving	13770	8400	934	258	17	5760	28320	100	16	58	1251
TRADITIONAL WINGS, 50 COUNT, PLAIN	1	Serving	3350	1700	189	64	4	1840	1750	0	0	0	411
TRADITIONAL WINGS, 50 COUNT, THAI CURRY	1	Serving	4590	2800	311	86	6	1920	9440	33	5	19	417
HAPPY HOUR													
SOUTHWEST LOADED CHIPS	1	Serving	790	470	53	18	2	40	2270	70	5	5	8
ZONE 3													
Thirty-Fifth Weck Sandwich	1	Serving	1110	570	63	18	2	90	3750	88	5	11	48
Fiesta Pork Tacos	1	Serving	450	200	22	10	0	80	1100	35	3	7	30
Cali Chicken Sandwich with Grilled Chicken with Fries	1	Serving	1200	700	77	19	1.5	135	3640	86	8	9	40
Cali Chicken Sandwich with Crispy Chicken with Fries	1	Serving	1360	800	89	23	2	115	3120	105	11	9	36
Mac 'n Cheese Bites	1	Serving	740	470	52	16	1.5	55	1670	51	3	6	16
BBQ Ranch Dressing 2 FO	1	Serving	300	280	31	4.5	0	5	540	5	0	4	1
Au Jus 6 FO	1	Serving	40	5	0.5	0	0	0	1400	7	0	3	2
Au Jus Mayo	1	Serving	180	170	19	3	0	15	125	2	0	1	0
Blue Moon BBQ Sauce	1	Serving	140	5	0	0	0	0	890	34	1	28	1
BBQ Mango Mashup Sauce	1	Serving	120	5	0	0	0	0	960	28	1	21	0
ULTIMATE FAN MENU/GAME TIME GRAZING													
UFM Fried Pickles	1	Serving	620	470	52	13	1.5	30	2050	33	2	2	4
UFM Mini Corn Dogs	1	Serving	430	180	21	7	0.5	35	2050	53	2	32	8
UFM Mozzarella Sticks	1	Serving	450	200	22	12	1	5	1500	43	4	6	22
UFM Onion Rings	1	Serving	650	480	53	13	1.5	25	1190	39	3	7	3
UFM Garlic Mushrooms	1	Serving	490	370	41	8	1	15	1270	25	4	3	4
UFM Chips & Queso	1	Serving	660	290	33	14	1.5	35	1450	78	7	3	13

BWW ITEM NAME	Quantity	Measure	Cals (kcal)	FatCals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)
UFM Chips & Salsa	1	Serving	530	210	23	9	1	15	1030	73	8	4	8
UFM Ultimate Nachos	1	Serving	610	260	29	12	1	35	1830	72	9	8	15
UFM Pretzel	1	Serving	430	130	14	7	0	20	1450	59	2	9	14
BREAKFAST													
Buffalo Biscuit Sandwich Platter with bacon and American Cheese	1	Serving	930	460	51	23	1.5	245	3320	92	9	11	26
Buffalo Biscuit Sandwich Platter with bacon and Pepper Jack Cheese	1	Serving	940	470	53	23	1.5	245	3160	91	9	10	27
Buffalo Biscuit Sandwich Platter with bacon and Cheddar Cheese	1	Serving	950	480	53	23	1.5	250	3160	91	9	10	28
Buffalo Biscuit Sandwich Platter with bacon and Swiss Cheese	1	Serving	940	470	52	23	1.5	250	3060	91	9	10	29
Buffalo Biscuit Sandwich Platter with sausage and Blue Cheese	1	Serving	930	460	51	23	1.5	240	3260	91	9	10	27
Buffalo Biscuit Sandwich Platter with bacon and Queso	1	Serving	920	450	50	21	1.5	235	3350	94	9	11	25
Buffalo Biscuit Sandwich Platter with bacon and Mozzarella (Pizza Blend) Cheese	1	Serving	910	450	49	21	1.5	240	3140	91	9	10	27
Buffalo Biscuit Sandwich Platter with bacon and Parmesan Cheese	1	Serving	900	440	49	21	1.5	235	3120	91	9	10	27
Buffalo Biscuit Sandwich Platter with bacon and Cheddar Jack Cheese	1	Serving	920	460	51	22	1.5	240	3110	91	9	10	27
Buffalo Biscuit Sandwich Platter with sausage and American Cheese	1	Serving	1130	640	72	30	1	260	3470	92	9	10	29
Buffalo Biscuit Sandwich Platter with sausage and Pepper Jack Cheese	1	Serving	1140	660	73	30	1.5	265	3310	91	9	9	31
Buffalo Biscuit Sandwich Platter with sausage and Cheddar Cheese	1	Serving	1150	660	74	30	1.5	265	3310	91	9	9	32
Buffalo Biscuit Sandwich Platter with sausage and Swiss Cheese	1	Serving	1140	650	73	30	1.5	265	3210	91	9	9	32
Buffalo Biscuit Sandwich Platter with sausage and Blue Cheese	1	Serving	1130	650	72	30	1.5	255	3410	91	9	9	30
Buffalo Biscuit Sandwich Platter with sausage and Queso	1	Serving	1120	630	70	28	1.5	250	3500	94	9	10	28
Buffalo Biscuit Sandwich Platter with sausage and Mozzarella (Pizza Blend) Cheese	1	Serving	1110	630	70	29	1.5	255	3290	91	9	9	30
Buffalo Biscuit Sandwich Platter with sausage and Parmesan Cheese	1	Serving	1110	620	69	28	1.5	250	3270	91	9	9	30
Buffalo Biscuit Sandwich Platter with sausage and Cheddar Jack Cheese	1	Serving	1120	640	71	29	1.5	260	3260	91	9	9	30
Buffalo Tender Sandwich Platter, Plain	1	Serving	800	330	37	17	1.5	40	2720	98	10	8	22
Buffalo Tender Sandwich Platter, Thai Curry	1	Serving	950	460	51	20	1.5	50	3600	102	10	11	23
Breakfast Club Sandwich	1	Serving	1120	640	71	27	1	380	2790	85	7	9	34
Chicken & Waffles, Plain	1	Serving	1080	390	43	12	1	140	1710	146	4	57	28
Chicken & Waffles, Thai curry	1	Serving	1360	640	71	17	1	160	3460	153	6	62	29
Buffalo Breakfast Wrap Platter, Sausage	1	Serving	1560	890	99	34	2	645	4420	117	12	13	48
Buffalo Breakfast Wrap Platter, Bacon Bits	1	Serving	1340	690	77	26	2	615	4110	117	12	13	45
Buffalo Breakfast Wrap Platter, Chicken Tenders	1	Serving	1560	780	87	30	2.5	645	4410	137	14	13	58
Buffalo Breakfast Platter, Sausage	1	Serving	1400	870	97	37	1	470	3860	93	9	10	39
Buffalo Breakfast Platter, Bacon	1	Serving	1000	500	55	23	1.5	440	3550	93	9	12	33
Breakfast Quesadilla, Sausage	1	Serving	1530	860	95	40	2	510	3900	113	11	9	54
Breakfast Quesadilla, Bacon	1	Serving	1400	720	80	35	2.5	525	4120	113	11	10	55
Omelet with Salsa, Sausage	1	Serving	1070	660	74	28	1.5	635	2880	61	9	8	39
Omelet with Salsa, Bacon Bits	1	Serving	860	460	52	21	1.5	610	2570	60	9	8	37
Omelet with Salsa, Diced chicken	1	Serving	910	440	48	19	1.5	675	3530	60	9	8	57
Omelet, Plain, Sausage	1	Serving	1030	650	72	28	1.5	635	2340	54	7	5	38
Omelet, Plain, Bacon Bits	1	Serving	810	450	51	21	1.5	610	2030	54	7	5	36
Omelet, Plain, Diced Chicken	1	Serving	870	430	47	19	1.5	670	2980	54	7	5	56
Omelet with Thai Curry, Sausage	1	Serving	1310	900	100	33	2	655	4090	62	8	9	39
Omelet with Thai Curry, Bacon bits	1	Serving	1100	710	78	26	2	625	3780	61	8	9	37
Omelet with Thai Curry, Diced chicken	1	Serving	1150	680	75	24	2	690	4740	61	8	9	57
Breakfast Flatbread	1	Serving	1260	860	95	32	1	505	3250	58	4	11	43
Chili and Rice (HI only)	1	Serving	600	200	22	11	0	70	920	70	5	5	28
1 Biscuit with Butter Alternative	1	Serving	310	150	17	7	0	0	920	36	1	4	6
Side of eggs	1	Serving	100	50	6	2	0	275	240	3	0	1	9
Side of sausage, 1 patty	1	Serving	270	230	26	9	0	45	520	1	0	0	7
Side of sausage, 2 patties	1	Serving	540	470	52	18	0	90	1040	2	0	0	14
Quesadilla, Three Cheese	1	Serving	1160	710	79	39	2.5	185	2630	70	6	9	45

BWW ITEM NAME	Quantity	Measure	Cals (kcal)	FatCals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)
Lemonades													
AF BLUEBERRY MINT LEMONADE	1	Serving	200	0	0	0	0	0	35	52	0	49	0
BERRY LEMONADE	1	Serving	160	0	0	0	0	0	10	39	0	36	0
BLUEBERRY LEMONADE	1		130	0	0	0	0	0	10	34	0	32	0
GINGER LEMONADE	1	Serving	160	0	0	0	0	0	35	40	0	38	0
HUCKLEBERRY LEMONADE	1	Serving	220	0	0	0	0	0	10	55	0	52	0
STRAWBERRY LEMONADE	1	Serving	200	0	0	0	0	0	35	51	1	47	0
MANGO LEMONADE	1	Serving	170	0	0	0	0	0	10	43	1	39	0
Limeades													
CITRUS LIMEADE	1	Serving	170	0	0	0	0	0	50	44	0	42	0
CLASSIC LIMEADE	1	Serving	190	5	0	0	0	0	10	48	0	45	0
BLACK CHERRY LIMEADE	1	Serving	220	0	0	0	0	0	20	56	0	54	0
HUCKLEBERRY LIMEADE	1	Serving	250	5	0	0	0	0	10	63	0	59	0
CHERRY LIMEADE, GRENADINE VERSION	1	Serving	230	5	0	0	0	0	10	59	0	56	0
AF CHERRY LIMEADE	1	Serving	220	0	0	0	0	0	20	56	0	54	0
B-Dubs Blender													
BERRY BLENDER	1	Serving	530	230	26	16	1	80	135	70	1	60	6
CHOCOLATE BLENDER	1	Serving	590	310	34	20	1	90	240	67	1	55	7
ORANGE BLENDER	1	Serving	420	140	16	10	0.5	50	100	67	2	60	5
Milk													
CHOCOLATE 1% MILK	1	Serving	150	25	2.5	1.5	0	10	170	26	1	23	7
MILK	1	Serving	90	20	2	1.5	0	10	105	10	0	10	7
Soda 20 fluid ounce (FO)													
DIET PEPSI 20 FO	1	Serving	0	0	0	0	0	0	65	0	0	0	0
DR PEPPER 20 FO	1	Serving	250	0	0	0	0	--	90	68	0	68	0
MOUNTAIN DEW 20 FO	1	Serving	280	0	0	0	0	0	100	78	0	78	0
MUG ROOT BEER 20 FO	1	Serving	250	0	0	0	0	0	100	72	0	72	0
PEPSI 20 FO	1	Serving	250	0	0	0	0	0	50	70	0	70	0
SIERRA MIST 20 FO	1	Serving	250	0	0	0	0	0	65	65	0	65	0
TROPICANA 20 FO	1	Serving	300	0	0	0	0	0	40	75	0	70	0
SWEET TEA	1	Serving	250	0	0	0	0	0	0	65	0	65	0
SWEETER TEA	1	Serving	300	0	0	0	0	0	0	78	0	78	0
Soda 12 FO (kids size)													
DIET PEPSI 12 FO	1	Serving	0	0	0	0	0	0	40	0	0	0	0
DR PEPPER 12 FO	1	Serving	150	0	0	0	0	--	55	41	0	41	0
MOUNTAIN DEW 12 FO	1	Serving	170	0	0	0	0	0	60	47	0	47	0
MUG ROOT BEER 12 FO	1	Serving	150	0	0	0	0	0	60	43	0	43	0
PEPSI 12 FO	1	Serving	150	0	0	0	0	0	30	42	0	42	0
SIERRA MIST 12 FO	1	Serving	150	0	0	0	0	0	40	39	0	39	0
TROPICANA 12 FO	1	Serving	180	0	0	0	0	0	25	45	0	42	0
Soda (Gallon)													
DIET PEPSI	1	Serving	0	0	0	0	0	0	400	0	0	0	0
DR. PEPPER	1	Serving	1600	0	0	0	0	0	560	432	0	432	0
MOUNTAIN DEW	1	Serving	1810	0	0	0	0	0	640	496	0	496	0

BWW ITEM NAME	Quantity	Measure	Cals (kcal)	FatCals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)
MUG ROOT BEER	1	Serving	1600	0	0	0	0	0	640	464	0	464	0
PEPSI	1	Serving	1600	0	0	0	0	0	320	448	0	448	0
SIERRA MIST	1	serving	1600	0	0	0	0	0	400	416	0	416	0
TROPICANA	1	Serving	1920	0	0	0	0	0	240	480	0	448	0

BWW ITEM NAME	Quantity	Measure	Cals (kcal)	FatCals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)
ICED TEA	1	Serving	30										
SWEET TEA	1	Serving	1600	0	0	0	0	0	0	416	0	416	0
SWEETER TEA	1	Serving	1920	0	0	0	0	0	0	496	0	496	0
Red Bull													
RED BULL BLUE EDITION	1	Serving	110	0	0	0	0	0	100	28	0	27	0
RED BULL RED EDITION	1	Serving	110	0	0	0	0	0	100	28	0	27	0
RED BULL YELLOW	1	Serving	120	0	0	0	0	0	140	29	0	28	1
RED BULL, REGULAR	1	Serving	110	0	0	0	0	0	100	28	0	27	1
RED BULL, SUGAR FREE	1	Serving	10	0	0	0	0	0	100	3	0	0	1
Wine													
Moscato Bella Sera	1	Serving	130						15	13	0	10.5	0.3
Merlot Barefoot	1	Serving	135						15	5	0	1	0.3
Cabernet S. Darkhorse	1	Serving	130						13.5	5	0	0.3	0.3
Pinot Grigio Ecco Domani	1	Serving	120						12.5	3	0	0.8	0.3
Other													
COFFEE 12 FO	1	Serving	5	0	0	0	0	0	5	0	0	0	0
ICED TEA 20 FO	1	Serving	5	0	0	0	0	0	0	2	0	0	0
Alcoholic Fan Favs													
KNOCKOUT PUNCH	1	Serving	360	0	0	0	0	0	0	53	0	49	0
B-DUBS BLOODY MARY	1	Serving	150	15	2	0	0	0	1480	8	2	4	2
BLACK CHERRY MOJITO	1	Serving	140	0	0	0	0	0	10	36	1	33	0
TOP SHELF LONG ISLAND ICED TEA	1	Serving	270	0	0	0	0	0	0	30	0	27	0
BUFFALO ZOO	1	Serving	240	0	0	0	0	0	20	29	0	28	1
Seasonal Selections													
HENDRICK'S SLING	1	Serving	180	0	0	0	0	0	20	24	0	22	0
Bahama Mama	1	Serving	230	0	0	0	0	0	20	34	0	33	1
ORANGE MOSCATO SANGRIA	1	Serving	180	0	0	0	0	0	20	19	1	16	1
PEACH SMASH	1	Serving	210	0	0	0	0	0	0	29	0	28	0
RUCKUS RED SANGRIA	1	Serving	230	0	0	0	0	0	0	43	1	38	0
Margaritas													
TWISTED MARGARITA, FROZEN	1	Serving	330	5	0	0	0	0	0	52	1	48	0
HOUSE MARGARITA, FROZEN	1	Serving	280	5	0	0	0	0	800	38	0	34	0
HOUSE MARGARITA, ROCKS	1	Serving	280	5	0	0	0	0	800	38	0	34	0
Spicy Passion Fruit	1	Serving	340	15	1.5	0	0	0	1280	50	3	41	1
Strawberry	1	Serving	330	0	0	0	0	0	0	50	1	44	0
Cucumber Elderflower	1	Serving	260	0	0	0	0	0	0	39	1	33	0
Top Shelf Margarita	1	Serving	260	0	0	0	0	0	1920	35	0	27	1
Frozen Classics													
Pina Colada	1	Serving	460	100	11	9	0	10	20	69	2	62	2
Mudslide	1	Serving	460	160	18	9	0.5	45	80	46	0	35	4
STRAWBERRY DAIQUIRI	1	Serving	280	0	0	0	0	0	5	49	1	45	0
Double Downs/Beer Cocktails													
Apple Jack Cider	1	Serving	230	0	0	0	0	0	5	32	0	28	0
Patriot	1	Serving	230	0	0	0	0	0	25	21	0	0	2
Eclipse	1	Serving	220	0	0	0	0	0	0	17	0	9	3

BWW ITEM NAME	Quantity	Measure	Cals (kcal)	FatCals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)
Black Velvet	1	Serving	250	0	0	0	0	0	10	32	0	20	1
STRAWBERRY KICK CORONARITA	1	Serving	290	0	0	0	0	0	10	35	0	23	1
BERRY ANGRY MOJITO	1	Serving	220	0	0	0	0	0	5	31	0	28	0
Zone 3													
Cerveza Mary	1	Serving	240	5	1	0	0	0	890	28	5	5	3
B-Dubs® Hot Bloody Mary with Pretzel	1	Serving	270	15	2	0.5	0	0	1790	36	6	8	5